



**Osher Lifelong Learning Institute**  
 at California State University, Fullerton  
*“A Continuing Learning Experience”*

## Blue Book Program Catalog

This catalog gives the full program descriptions and class meeting schedules of all courses and events (programs) offered by OLLI-CSUF for the fall 2025 session. Some programs require pre-registration, prerequisites, fees, book purchases or other requirements, which are listed with their program descriptions. Please check for any special requirements before attending the class or event.

Printed copies of this catalog are available in the OLLI office and it is available digitally on the OLLI website at <https://olli.fullerton.edu> under [View Current Catalog](#). Descriptions of new programs that may be introduced during the semester are published in the weekly newsletters and the ChroniCLE and listed under [Classes/Activities](#) on the OLLI website. Topics and details of individual class meetings and events not shown in this catalog will be published in the weekly OLLI newsletters and on the OLLI website.

But there’s more to know about OLLI and CSUF, and you’ll find it in “Your Essential Guide to OLLI & Campus Activities” at <https://olli.fullerton.edu/resources/pdfs/MemberHandbook.pdf>.

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## Program Meeting Schedules

The program descriptions give the dates, times and venues of all class meetings and events offered during the semester. **All dates, times and venues are subject to change or cancellation. Watch OLLI’s weekly digital newsletters and check the OLLI website for any changes before coming to campus.**

All changes to class and event meeting schedules are listed at the top of the Class Information and Updates Newsletter each Saturday or in the Open To The Public newsletter each Sunday for the following week. If a class or event during that week has a last-minute change after the newsletter is published, a stand-alone email notification will be sent to all members, if possible.

The website is updated on a daily basis, so its calendars are the most up to date. To check for updates from your home computer, tablet or smartphone, go to the OLLI website at <http://olli.fullerton.edu> and click on [Calendars](#). The Today at OLLI calendar lists the classes and events for the current day, and you can scroll up or down to see previous or subsequent days. On the calendar page, you can click on the options in the upper right corner of the screen to view the calendars for the week, month or day.



You can also check for updates from your smartphone or other mobile device by using this QR code, which will take you to the Today at OLLI calendar. Open your camera and aim it at the QR code. Don't take the picture; your device will automatically scan the QR code. Wait for a message to pop up linking to the calendar and tap on that message, and the Today at OLLI calendar will open on your screen.

The video display in the Shapiro lobby shows the same Today at OLLI calendar that is updated daily, getting its information feed directly from the website calendar. If you want a printed daily calendar, you may pick up a one-page, printed copy of the current month's calendar in the OLLI office. This calendar is not updated daily, so check the Shapiro display or the OLLI website for updates.

## Key Dates

Monday, August 4 thru September 6 . . . . . **No OLLI Classes**  
 Saturday, August 9 . . . . . OLLI Open House  
 Saturday, August 23 . . . . . First day of CSUF fall semester  
 Monday, September 1 . . . . . Labor Day, campus and OLLI office closed  
 Monday, September 8 . . . . . **First day of OLLI fall semester**  
 Tuesday, November 11 . . . . . Veterans' Day, campus  
 and OLLI office closed  
 Monday, November 24 - 26 . . . . . Fall break, no classes, OLLI office open  
 Thursday, November 27-29 . . . . . Thanksgiving, campus  
 and OLLI office closed  
 Saturday, December 13 . . . . . **Last day of OLLI fall semester**  
 Thursday, December 25 thru January 1 . . . . . Campus  
 and OLLI office closed  
 Friday, January 2 . . . . . No classes/OLLI office open  
 Monday, January 5 . . . . . **First day of OLLI fall intersession**  
 Saturday, January 17 . . . . . Spring Preview  
 Monday, January 19 . . . . . Martin Luther King Jr Day, campus  
 and OLLI office closed  
 Saturday, January 31 . . . . . **Last day of OLLI fall intersession**  
 Monday, February 2 . . . . . **First day of OLLI spring semester**

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## Attending Live Programs Online

OLLI uses both the Zoom app and livestreaming through the internet to deliver some courses, committee meetings and events online as an in-person alternative. The links to join these programs can be obtained from OLLI's weekly Class Information and Updates Newsletter or from the OLLI website under [ZOOM COURSE IDS/LINKS](#) or [LIVESTREAM/RECORDINGS](#). You'll need your CSUF username and password to access this information.

To attend a Zoom program, an account is recommended but not required. Anyone can attend by using their laptop or desktop (Windows or Mac), tablet or smartphone (Apple or Android), or regular telephone. However, be sure to use your full name when signing in to facilitate taking attendance. If you haven't used Zoom before, allow yourself about 10 minutes to set it up before your first use. If you use a laptop or desktop, the first time you click on a link, it will ask you to download a free Zoom app on your computer. If you are planning to use a tablet or smartphone, you'll want to download the free Zoom app ("Zoom Cloud Meetings") from your app store. More information and sources for help with Zoom are available on the OLLI website under [ZOOM HELP](#).

Livestream is similar to Zoom, except you don't need an app—you just need access to the internet. Clicking on the livestream link takes you to a webpage where you choose the current meeting from a list. Unlike Zoom, you will not see the other attendees and the instructor can't see or hear you, and no one monitors the chat box. All livestreamed classes are recorded and available to view after the meeting. For more information on livestreaming see [OLLI Livestreaming FAQs](#). An informational video and class recordings are on the OLLI website under [LIVESTREAM/RECORDINGS](#).

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## Hosting Zoom Programs

Class instructors and coordinators can sponsor class meetings on Zoom using their CSUF Zoom account. On the OLLI website homepage, click on Coordinators' Information tab on the right. Then, under the USING ZOOM heading, click the link "[How to use your OLLI-CSUF Zoom account to create course meetings.](#)"




### **Please Recycle at OLLI**

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.

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## Areas of Study/Programs

(Alphabetical index, see page 8)

 mark denotes Transitions in Retirement programs

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**Learn to Use Zoom**  
Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

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### Class Calendars on the OLLI Website

- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what’s happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars



***“OLLI is a place for senior adults to engage in a diverse, intellectually stimulating, and socially rewarding community of lifelong learners from all walks of life. In this “neighborhood,” acquaintances become friends based on compatible and contrasting interests, life experiences and personalities.”***

-Mike Stover

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## Distance Learning Classes

OLLI members may have days when they can't get to campus, when parking availability is difficult or when their favorite classes are running concurrently, forcing them to miss a class. Selected classes are recorded and archived on the OLLI website for members to stream online at their leisure. Many videos are currently available to watch, and more are added each week. To access the video collection go to the OLLI website at <http://olli.fullerton.edu> and click on [LIVESTREAM/RECORDINGS](#) under MORE INFORMATION on the home page.

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## Transitions in Retirement Programs for the newly retired and almost-retired

New retirees or those approaching retirement have a special place at OLLI. Transitions in Retirement (TiR) is a series of programs for persons preparing for this next phase of their lives. Whether still working or not, you may not have enough weekday time to benefit from all OLLI courses. Transitions in Retirement addresses that with classes more to your convenience on weekends and during early morning, late afternoon and evening hours.

“Transitions in Retirement Essentials” classes on Saturday mornings during the fall and spring semesters are open to the public at no charge. This gives you a chance to sample what OLLI has to offer. Topics cover a wide range, from financial planning to health issues. Other TiR classes do require OLLI-CSUF membership. TiR offerings are specially marked in our course listings, and you can read more about our programs on our website at <http://olli.fullerton.edu> under Transitions in Retirement on the home page.

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## OLLI-CSUF Collaboration OLLI + CSUF students + Faculty = Collaboration

Through the OLLI-CSUF Collaboration program, OLLI members share their life experiences and skills with members of the university community, to the benefit of all.

Opportunities include tutoring, mentoring, evaluating and sharing expertise with CSUF classes and individuals in both academic and career/professional pursuits. CSUF students and faculty benefit from our members' accumulated knowledge and wisdom, and OLLI members enjoy the intellectual stimulation, the opportunity to remain productive and “giving back” to the community.

Learn how to get involved on our website at <http://olli.fullerton.edu> under the VOLUNTEER tab.

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## OLLI Trips

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off the CSUF campus throughout the year. Trips are not scheduled with a routine occurrence and are not finalized in time to be listed in this catalog. OLLI members are notified of upcoming trips via the weekly OLLI newsletters, the ChroniCLE and other media. There are two types of trips: day trips and overnight trips. Some recent or proposed day trips include Hollywood Bowl, Motion Picture Academy Museum and JPL. Some recent or proposed overnight trips include Alaska Cruise, Palm Springs/

Joshua Tree and Boston/New England. Trips are subject to the Special Events Registration Policy section of this catalog. If you have ideas for future trips, bring them to the Trips Committee meetings (see Committee Meetings under the Program Descriptions section).

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## Auditing Cal State Fullerton Courses

One of the most valuable OLLI benefits is the privilege to audit any CSUF course, free of any tuition fees, with the instructor's permission and approval from the OLLI office. OLLI members don't receive any official, academic credit from the University, but they enjoy the benefit of a world-class education, participating with University students. This privilege is not available during the summer session.

Go to the OLLI website at <http://olli.fullerton.edu> and click on [AUDITING CLASSES](#) for step-by-step instructions to enroll through OLLI. This webpage provides links to the CSUF course catalog and schedule of classes for each semester. You will be asked to complete a form and submit it to the OLLI office, who will obtain instructor approval to attend your course(s) of choice. If approved, you will receive confirmation from the instructor, and later, information on how to access the class.

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## Parking & OLLI Trolley Information

**Please consult the campus parking map following this section for parking locations.** OLLI-CSUF members may park in some CSUF student lots and parking structures as listed below. All members are issued virtual parking permits, and parking is monitored electronically. Hang tag permits are no longer used on the CSUF campus.

**The OLLI Lot (formerly Lot J)**, adjacent to the Ruby Gerontology Center on the east side, is available exclusively for OLLI permit holders Monday through Thursday until 6 p.m. and Friday until 5 p.m. The OLLI Lot is particularly convenient for our members with mobility concerns, so we ask that you keep this in mind when considering where to park.

When the **OLLI Lot (formerly Lot J) is full, Lot S10 (formerly Lot G) and Lot S8 (formerly Lot A)** provide a pleasant walk. An OLLI Trolley ride to the RGC is available during published days and hours. **Lot S10 (G)** is located on the SW corner of Associated Road and Yorba Linda Blvd next to Goodwin Field. **Lot S8 (A)** is located on the SE corner of Yorba Linda Blvd. and State College Blvd.

If you have an OLLI class at the Arboretum, park in **Lot S10 (G)** as OLLI permits are not valid in the Arboretum parking lot.

**OLLI Trolley.** The OLLI Trolley is available during spring and fall semesters (no summer service) to transport members between Lots S10 (G) and S8 (A) and the RGC and passing near the State College Parking Structure, although many members prefer to walk. See the OLLI Trolley operating times under [PARKING AND OLLI TROLLEY](#) on the OLLI website at <http://olli.fullerton.edu>. If you're interested in volunteering as an OLLI Trolley driver, please apply in the OLLI office.

### ***CSUF Lot Availability for OLLI Members:***

- Lot S8 (formerly Lot A): OLLI permits are valid in most of this lot. Please check signs before parking. Do not park in Lot E7 (formerly Lot A-South), because this is a faculty-staff parking lot.

- Lot S10 (formerly Lot G): OLLI permits and daily parking permits are valid.
- Lot E6 (formerly Lot H): Parking is for the disabled and faculty/staff only. The four disabled parking stalls are available to qualified OLLI members. Please see Disabled Parking below.
- OLLI Lot (formerly Lot J): available exclusively for OLLI permit holders Monday through Thursday until 6 p.m. and Friday until 5 p.m.
- Nutwood and State College Parking Structures: OLLI permits are valid.
- Eastside North and Eastside South Parking Structures: OLLI permits are NOT valid.
- Lot R2 (the Student Housing Lot) and Arboretum Lot: OLLI permits are NOT valid..

### **Parking Enforcement**

OLLI permits are registered by each member's automobile license plate and cannot be transferred or lent. A parking citation will be issued to a vehicle that is not registered with a virtual parking permit. The member may lose the privilege to receive another OLLI permit indefinitely.

If your vehicle is issued a parking citation and you wish to contest it, you may file an administrative review request online at <https://csufparking.t2hosted.com/Account/Portal>.

### **Disabled Parking**

OLLI members with DMV-issued disabled parking placards may park in disabled stalls located in the OLLI Lot (formerly Lot J) and in Lot E6 (formerly Lot H) (on the immediate west side of the Ruby Gerontology Center) and in Lot S10 (formerly Lot G) (south side, front rows, across from the Arboretum parking lot and in front of Goodwin Field. Members must display their placard when parked in a disabled stall.

### **Visitor Parking**

Single-day, virtual parking permits (currently \$12.00 Monday through Friday and \$6.00 on weekends) may be purchased through the ParkMobile app on your cellphone (credit cards only) at <https://parkmobile.io/>. Physical paper parking permits, which were previously purchased through vending kiosks, are no longer issued. Visitor permits are valid in all student parking lots and structures, but are not valid in the OLLI Lot (formerly Lot J), adjacent to the RGC, nor Lot R2 (the Student Housing Lot). Permits are required at all times.

### **General Information**

Campus parking information is available on the CSUF Parking and Transportation Services webpage at <https://parking.fullerton.edu>. OLLI members may call the Parking Office at 657-278-3082, or visit the walk-up window Monday through Friday, between the hours of 8 a.m. and 5 p.m., or send an email to [parking@fullerton.edu](mailto:parking@fullerton.edu).

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## **Special Events Registration Policy**

### **Who goes? How are they chosen?**

Special events are open to members only. Should an event not fill by the stated deadline, non-members may register with OLLI approval.

Registration for a special event begins on a date assigned by the OLLI office. This date is approximately one week after the mailing of the ChroniCLE

first announcing the event. Payments and coupons for a special event will be accepted at the time of registration. Registration forms will be entered on a first-come, first-served basis. Once an event is full, a waiting list will be created, also on a first-come, first-served basis.

The OLLI office notifies only those individuals who could not be included in an event, and refunds their payments. If you want confirmation that you have been included on the list for an event, check the event lists posted on the bulletin board outside the OLLI office.

Refunds of payments of those who are registered for an event but are unable to attend will be made as long as no cost is incurred by the organization. A registered participant who is unable to attend an event should notify the OLLI office at least two business days before the event. If there is a waiting list for the event, a replacement will be registered from the waiting list, and a refund will be made to the participant who is unable to attend.

If you have any questions regarding the special events policy, please contact the OLLI office at 657-278-2446.

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## Notes on Curriculum / Format / Frequency

Courses fall into these general categories: The Arts; Languages; Economics, Humanities and Social Sciences; Healthy Living; Science; Technology; and Special Interest Groups and Social Programs. OLLI's Curriculum Committee considers member requests in the planning of each semester's offerings.

Class formats include those in which members learn from each other, as well as guest lecturers such as community leaders, university professors and other leading authorities. All courses and programs are coordinated by OLLI members.

**Lecture/Discussion courses and programs** may include instructors as well as guest lecturers and presenters. Presentations are generally followed by a "Q and A" session.

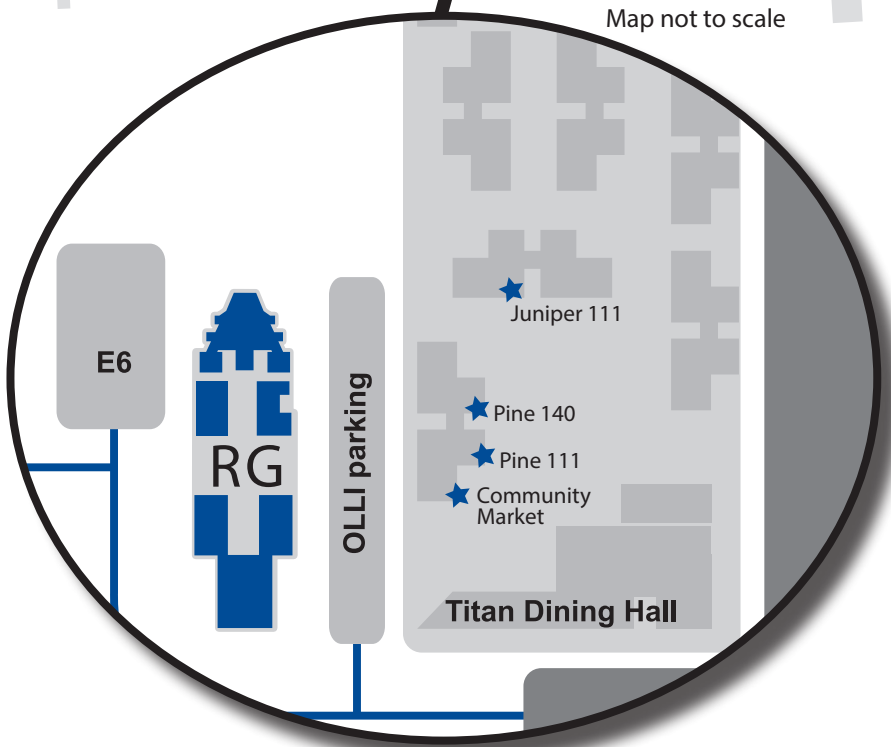
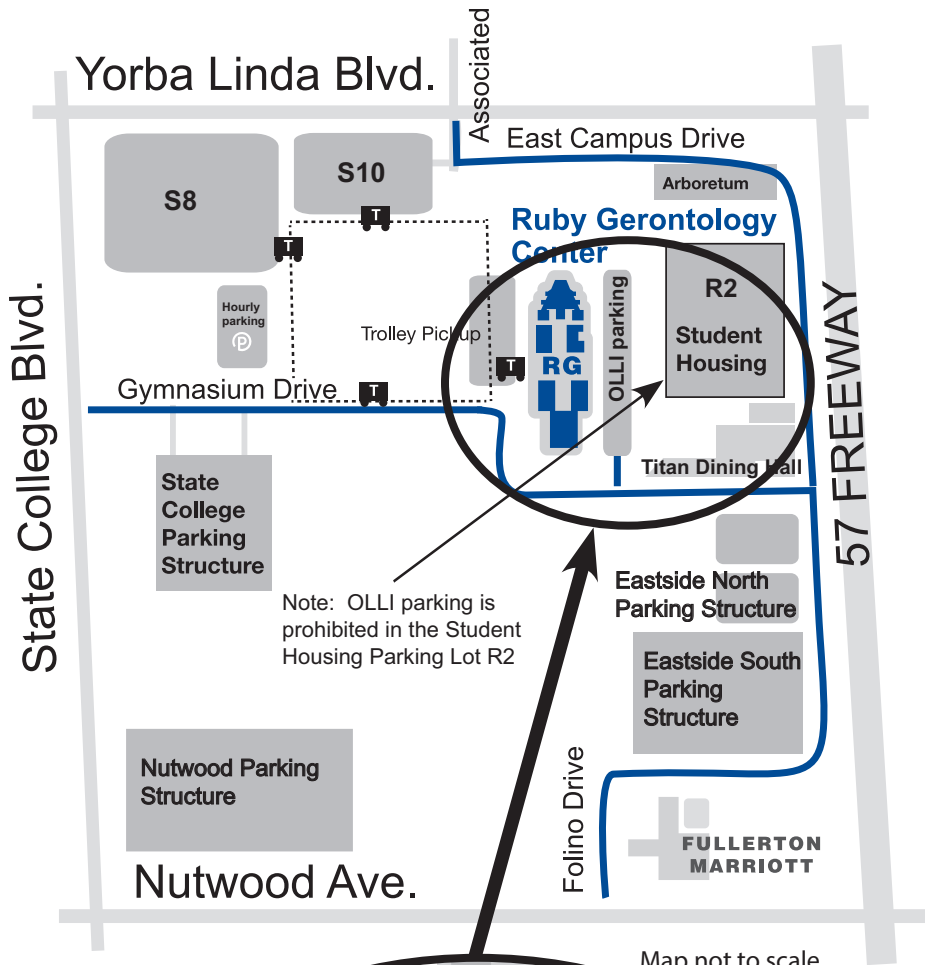
**"Study" courses**, such as language and literature, are enhanced by some study or work outside class.

**Frequency** varies, so be sure to check the Blue Book Program Catalog for class meeting times, days and dates.

**Other programs** include special events, field trips and other activities, some of which require a modest payment.

"One price, over 100 courses!" Your membership fee allows you to attend as many of OLLI-CSUF's courses and events as you can fit into your schedule. And you don't have to commit to attending every class meeting— if it doesn't tickle your fancy, just try something else the following week. Some courses require additional materials fees, and a few require preregistration: check the course description. If there is a charge for social events and trips, it will be described in the flyer announcing the event (watch the weekly OLLI Activities and Events newsletter).

## Ruby Gerontology Center Parking



Map not to scale

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## Blue Book Editorial Staff

**Editor** . . . . . Jill Patterson

**Copy Editors** . . . . . Susan Hanna, Amy Kernes, Steve Kernes, Alison Sawyer

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Performing Arts . . . . . Renee Cabrera

Languages . . . . . Sue Batie

Economics, Humanities and Social Sciences. . . . . Joanne Hardy

Healthy Living . . . . . Carol Thurk

Science . . . . . Carol Thurk

Technology. . . . . Carol Thurk

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OLLI Events. . . . . Renee Cabrera

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**Indexing/Distribution** . . . . . Corina Pineda

**Production** . . . . . CSUF University Extension/Corina Pineda

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## Notice of Disclaimer

OLLI-CSUF presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Due to the changing nature of laws, rules and regulations, and because the application and impact of laws can vary widely based on the specific facts involved, there may be omissions or inaccuracies in information presented by OLLI-CSUF. Therefore, information presented in an OLLI-CSUF program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

All information is provided “as is,” with no guarantee of completeness, accuracy, timeliness or of the results obtained from the use of the information, and without warranty of any kind, express or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI-CSUF nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI-CSUF, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

# PROGRAM DESCRIPTIONS

The classes and events (programs) in this catalog may be offered: 1) in-person on campus; 2) via Zoom videoconference; 3) livestreamed and recorded through the internet or 4) a combination of in-person and online, i.e., hybrid. Hybrid programs may be either synchronous—offering both in-person and online (Zoom and/or livestreamed and recorded) simultaneously for participants to choose from, or nonsynchronous—alternating class meetings between in-person and online meetings.

Courses offering a choice of multiple venues will list those choices together divided by a slash (/). For example, if you have a choice of attending in person in Room 21 or Zoom or livestreamed and recorded, it will appear as Room 21/Zoom/Stream-Rec. A choice of Zoom or livestreamed and recorded will appear as Zoom/Stream-Rec.

**Watch OLLI's weekly newsletters and other emailed announcements and check the OLLI website for up-to-date information on changes in class or event meeting dates, times or venues (including Zoom and livestream) or cancellations.**

## THE ARTS

### *FINE ARTS AND CRAFTS*

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#### **Ceramics**

**Every Tuesday • 9 a.m.-11:30 a.m. • Shapiro ABCD**

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

***Intersession:*** January 6, 13, 20, 27

***Materials Fee:*** \$80

***Pre-registration Required:*** Contact the instructor at [janann@sbcglobal.net](mailto:janann@sbcglobal.net)

Come join us for a morning of fun, laughter, sharing and learning. The basic hand building techniques of clay will be taught—pinch pots, coil and slab—with many additional ideas. The experience will go far beyond your expectations! Beginners and (seasoned) experienced students are welcome!

***Instructor:*** Janann Zechmeister

***Coordinators:*** Patricia Dapkus, Jim DiTota, Jill Patterson and Mary Townsend

***Emerita:*** Desiree Engel

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## Drawing for the Fun of It

**Every Wednesday • 10 a.m.-noon • Shapiro ABCD/Zoom/Stream-Rec**  
*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*

**Intersession:** *January 7, 14, 21, 28*

Drawing is a skill that anyone can learn, but first you need to learn how to see as an artist sees. Instructors will facilitate developing your “artist’s eye” and drawing skills in a fun, supportive and nurturing environment. Every two weeks a different instructor will present a drawing topic to explore. Foundational drawing experiences will include observational and contour line drawing, basic shapes and forms in space, perspective, mark making and tonal values. Genres are determined by the instructor teaching, and may include landscape, still life, portraiture and the figure, animals, cartooning, abstract or nonobjective art. All levels of artists are invited to participate in this course. Students may work with the instructor or on their own projects. Check out the OLLI webpage for this course for more information about our activities, resources and past project samples.

**Instructors/Coordinators:** Sharon Brown, Carol Carson, Emma Cox, Jill Dayton, Stevie Johnston, Eileen Kroh, Jeff Layton, Marsha Linsley, Anne Logan, Rhonda Riley, Michael Shellman, JoAnn Wanless and Sandy Wessel

**Tech Coordinators:** Tom La Casa, Lorelee Page-Ortiz and Michael Shellman

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## Introduction to Watercolor Painting

**Alternate Mondays • 1 p.m.-3:15 p.m. • Shapiro AB**  
*September 8, 22 • October 6, 20 • November 3, 17 • December 8*

**Intersession:** *January 5, (19 no class)*

This course is for beginners in watercolor painting. We will use demonstrations, videos and hands-on projects to learn the basics of watercolor. At the end of the course, beginners will have acquired basic watercolor skills and had the opportunity to learn how to: 1) apply various kinds of washes; 2) mix specific colors and values of colors; 3) apply various techniques for textural effects and 4) plan and complete watercolor paintings. Students are urged to attend the weekly “Watercolor Workshop” course to further hone their skills.

**Instructors:** Emma Cox, Eileen Kroh, JoAnn Wanless and Sandy Wessel

**Coordinator:** Maggie Giles

**OLLI NEEDS YOU!!!** Please contact Sue Batie ([suebatie@gmail.com](mailto:suebatie@gmail.com)) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!

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## Watercolor Workshop

**Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro ABCD/Zoom/Stream-Rec**  
*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*

**Intersession:** *January 7, 14, 21, 28*

Come and join us in a relaxed, supportive environment to pursue your artistic passions! This course is for all levels of watercolor artists. In alternate weeks, instructors will lead class projects, guiding and sharing different watercolor methods, techniques and use of materials. Genres are determined by the instructor teaching and may include landscape, still life, portraiture and the figure, animals, cartooning, abstract or nonobjective art. We will have the opportunity to share and get feedback on our completed work or work in progress. At any of our classes, you are free to work on your own projects if you choose to do so. Check the OLLI webpage for this course for more information about our activities, resources and past project samples.

**Instructors/Coordinators:** Sharon Brown, Carol Carson, Emma Cox, Maggie Giles, Stevie Johnston, Mickey La Casa, Joan Lebsack, Marsha Linsley, Anne Logan and Sandy Wessel

**Tech Coordinators:** Tom La Casa, Lorelee Page-Ortiz and Michael Shellman

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## ART APPRECIATION

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### Art House Cinema

**Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

If you enjoy watching and discussing vintage and new foreign, independent and documentary films, join us to watch a series of thought-provoking films. Check the weekly OLLI newsletters for information on each week's film. Note that some films may run later than the scheduled end time.

**Instructor/Coordinator:** Mary Sampson

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### Critics' Choice: The Movies

**Every Friday • 9:15 a.m.-11:45 a.m. • Shapiro AB**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** *January 9, 16, 23, 30*

Movie fans will enjoy this course. We check with class members to see if anyone has been to the movies and wants to give a recommendation, then a feature length film is shown. It could be a box office hit, a foreign film or a sleeper that did not play in our area. If you like going to the movies, this program is something to look forward to every week. Check the weekly OLLI newsletters for information on each week's film. A poster is also on display next to the OLLI office and on the bulletin boards in Shapiro AB. Come join us!

**Instructor/Coordinator:** Claire Curran

**Tech Coordinator:** Richard Vellanoweth

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## History of Broadway (Open to the Public)

**Alternate Tuesdays • Noon-2 p.m. • Mackey Auditorium/Zoom**

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

This course focuses on the development of Broadway musicals and the composers and personalities of our most popular productions. The genres of Broadway musicals are vast, and the evolution of musicals has many tales to be explored. We will cover the popular musical plays of the 1950s, 1960s and 1970s. The videos and lectures are designed for the lover of all types of plays. Don't miss this fun course.

**Instructor/Coordinator:** Ellie Monroe    **Coordinator:** Jim Medici

**Tech Coordinator:** Jim Monroe

## LITERARY ARTS

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### Book Clubs

Like reading books and talking about life and happiness? Then these could be the groups for you. We come together for one common interest—books. Yet, in exploring the stories or history together, we will discover we have so much more in common as well. We try to find new areas to branch into each month. We may invite OLLI authors with manuscripts ready for publication. We don't break the stories down clinically, piece by piece. Instead, we prefer to discuss the story in general terms and how it relates to us. There are four separate clubs to choose from—see below.

#### “Genreflections” Book Club

**Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom**

*September 19 • October 3, 17, 31 • November 14, (28 no class) • December 5*

This course is for those who enjoy reading and discussing fiction. We will explore a variety of novels representing various genres, such as travel fiction, historical fiction, coming-of-age fiction and domestic fiction. Our selection for the first class of our 2025 fall semester is the novel “Still Life with Elephant” by Judy Reene Singer (2007; 304 pages)—this is our peek into the animal world; future novels that we can explore will be discussed and decided on by attendees during our first class.

**Instructor:** Andrea Tarr    **Tech Coordinator:** Rosalind Charles

#### Graphic Novels, Comics and More!

**Alternate Thursdays • 4 p.m.-5:30 p.m. • Zoom**

*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

Did you know that the popularity of graphic novels has grown 90% in the past few years? And did you know that adult graphic novels offer a unique interplay of challenging text and supporting artwork that are just as complex and enjoyable as a traditional book? Due to popular demand, many traditional books, such as Stephen King's “Sleeping Beauties,” Agatha Christie's “Murder on the Orient Express” and even Shakespeare have been transformed into graphic novels! Each class, we meet online and discuss and critique a book we have read from many different genres: mystery, romance, science fiction

and fantasy, memoir, historical fiction and nonfiction, or even a science book, all in the form of a graphic novel or manga. Occasionally, we will focus on a popular comic, such as Wonder Woman, Calvin and Hobbes, or Drabble. The more voices we have, the richer the discussion, so drop by our class any time, even if you haven't read the book, and add your unique perspectives to ours!

**Instructor:** Dr. Barbara Glaeser

**Coordinator/Tech Coordinator:** Jill Patterson

### **Kitty's Book Club**

**Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom**

*September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1*

Our book club loves exploring different themes in discussing fiction books. Prior to the first class of the semester, our members generate the list of books to read. The first book selected for the fall semester will be "Lady Tan's Circle of Women" by Lisa See. Please read the book and join our discussion.

**Coordinators:** Lisa Sewell and Juanita Driskell

### **Mystery Book Club**

**Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom**

*September 8, 22 • October 6, 20 • November 3, 17 • December 8*

Mystery Books is a category well established by the reading public. Authors such as Agatha Christie and characters such as Sherlock Holmes and Miss Marple are well known. Mystery books are so popular that they have separate awards for excellence, humor etc. The "Mystery Book Club" meets and discusses a book selected by club members. Please read "The God of the Woods" by Liz Moore before our first class and "The Chatham School Affair" by Thomas Cook before the second class. Subsequent selections will be determined by the club during the first class.

**Coordinators:** Patrick Boyle and Sandy Potter

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## **Great Books**

**Alternate Mondays • 10 a.m.-noon • Room 21**

*September 8, 22 • October 6, 20 • November 3, 17 • December 8*

This course explores literature recommended by the Great Books Foundation. The group is made up of individuals who love to read and partake in lively discussions. Discussion leadership rotates among class participants. Join the discussion in finding deeper meaning behind the printed words from major literature. This semester we will read selections from the book, "Taking Action," edited by Adam Davis, published by the Great Books Foundation. Discussion questions from The Great Books Foundation will be available for all selections. Selections will be announced in the weekly OLLI newsletters. Once at the class, we can help you get the book and any materials. Come and try a class.

**Instructor/Coordinator:** Gary Wolfe

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## Kick Starting Your Writing

**Every Tuesday • 12:15 p.m.-2:15 p.m. • Room 9**

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

**Intersession:** *January 6, 13, 20, 27*

- Do you want to do some writing but don't know how to start? Have you written in your younger days and now would like to recover some of that earlier fire? Would you like to write but are afraid to try? Then we invite you to "Kick Starting Your Writing."
- Do you simply want to share what you have written and get encouragement and feedback? Then we invite you to "Kick Starting Your Writing."
- Do you want to experiment with poetry, essays, fiction, non-fiction, short stories, or even a novel? Then we invite you to "Kick Starting Your Writing."

**Instructor:** Ron Baesler    **Coordinator:** Ann Casas

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## Life Story Workshop

**Alternate Tuesdays • 9 a.m.-noon • Zoom**

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

**Pre-registration Required:** If you are interested in attending, contact Kathy Collier at [kathyloucollier@gmail.com](mailto:kathyloucollier@gmail.com).

This warm, supportive course is where you can begin writing down the stories of your life for your family. Share your stories and listen to the stories of others in your small reading group—a powerful experience, connecting with others through their stories. Discover a treasure trove of ideas for writing two-page life stories. This workshop involves a commitment to attend regularly and write a story every two weeks.

**Coordinators:** Alice Gresto and Kathy Collier

**Tech Coordinators:** Zona Gray-Blair and Patricia Silvestri

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## Poetry for Pleasure

**Every Thursday • Noon-1:45 p.m. • Room 21/Zoom**

*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

Our poetry class is for people who love poetry. We listen to it, read it and even perform it. We take turns leading the class and feature a poet or a topic. You don't have to write poetry to be in the class, but we have published 8 anthologies of poems written by people in the class. We have fun and we'd love to have you join us.

**Coordinators:** Juanita Driskell, Alice Gresto and Mary Sampson

**Tech Coordinator:** Fritz von Coelln

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## **Publish Before You Perish**

**Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom**

*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

Are your creative articles, poems, stories or books sitting in your computer yearning to be published? This course will provide:

- Information regarding publishing processes and resources.
- Revision suggestions.
- Editorial assistance.
- Encouragement to submit your masterpiece for publication in newspapers, magazines, books, electronic media etc.
- One on one assistance in self-publishing—cover to cover.

**Coordinator/Tech Coordinator:** Fritz von Coelln

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## **Shakespeare Aloud**

**Alternate Thursdays • 10 a.m.-noon • Room 9**

*September 18 • October 2, 16, 30 • November 13, (27 no class) • December 4*

**Intersession:** *January 15, 29*

Our play for the fall will be an early work, “A Comedy of Errors.” Participants read the play aloud, alternating parts. Then we’ll share a video adaptation of the play by the Royal Shakespeare Company. Participants need to bring their own copies of the play. Filling out the term will be a short study of the Sonnets. In January, we’ll start lectures to help us understand the play for spring, “Hamlet.”

**Coordinators:** Sandra Wodicka and Stephanie Beverage

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## **Shelf-Aware: Banned/Challenged Books (New)**

**Alternate Fridays • 1:30 p.m.-2:20 p.m. • Zoom**

*September 19 • October 3, 17, 31 • November 14, (28 no class) • December 5*

Have you ever been curious about books which are challenged and banned? If so, please join us in this new course, called “Shelf-Aware,” which will focus on some of our most beloved literary works. We’ll learn details about the reasons behind these threatened publications. We will dive deep, exploring and appreciating picture books, chapter books, young adult books and adult books.

**Instructor/Coordinator:** Andrea Tarr

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**Please silence your cell phone when  
attending classes and programs.  
Thank you!**

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## Short Stories

**Alternate Mondays • 10 a.m.-noon • Room 21**

*September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1*

Do you enjoy reading but wish for an alternative to book clubs that read full-size novels? Then “Short Stories” may be the right course for you. In each class, we discuss two stories (to be read prior to class) from the short story anthology currently in use. This fall we will continue our readings from “100 Years of the Best American Short Stories,” edited by Lorrie Moore and Heidi Pitlor. Each course member receives a reading list schedule for the semester, and the stories to be read for each week are listed in the weekly OLLI newsletters.

**Coordinators:** Janet Genow and Sybil Shecter

**Tech Coordinator:** Gary Wolfe

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## The New Yorker Magazine Discussion Group

**Alternate Thursdays • Noon-2 p.m. • Room 9/Zoom**

*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

The New Yorker is renowned for its in-depth reporting and cultural commentary. Articles from other sources, including The Atlantic, Harper’s Magazine, The New York Times and Los Angeles Times may also be included in our course discussions. Subscriptions to these publications are not required. In advance of each class, course members will receive links to the articles to be discussed.

**Coordinators:** Edward Dunvan and Linda Lockwood

**Tech Coordinator:** Jim Monroe

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## Women Writers’ Workshop: Fiction Writing with Prompts

**Every Monday • 10 a.m.-noon • Room 9**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Intersession:** *January 5, 12, (19 no class), 26*

This course will create a judgment-free creative fiction writing space and a supportive, nurturing writing community for women writers. We will offer fiction writing prompts in a variety of different formats designed to inspire and generate creativity, and participants are encouraged to share their writing (500 words or less). Prompts for writing at home as well as in-class writing will be offered. Writers will also have the opportunity to offer segments of their creative fiction (short stories and novels) in progress for feedback. In this course, we will find our voices, expand our writing horizons and share our stories as we write, share, explore and discover our writing and learn from each other.

**Facilitators/Coordinators:** Cheryl Perreira and Kenni Blossom

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## Write Now!

**Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom**

*September 18 • October 2, 16, 30 • November 13, (27 no class) • December 4*

This course is for members who want to write essays, memoirs, letters to the editor, poems or stories. We provide you the opportunity to practice writing by writing. You will be provided a topic and you have two weeks to write about it (or you may write about your own subject matter). We encourage you to share your writing in class—we ask that articles be held to about 500 words. Come join us to just write, write, write and read—it's lots of fun!

**Coordinators:** Fritz von Coelln and Rich Williamson

**Tech Coordinator:** Fritz von Coelln

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## Writing with Feedback

**Every Thursday • 4 p.m.-6 p.m. • Room 21/Zoom**

*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

**Intersession:** *January 8, 15, 22, 29*

We encourage class members to read aloud their creative works—fiction, nonfiction, poetry etc. Other class members provide feedback by sharing what worked well, what might need clarification or improvement, ideas for publication etc. The respondents may also provide written feedback to the presenter. You'll have the opportunity to rewrite your work in response to the feedback. This course is for authors and writers interested in publishing their works. Publishing assistance is available.

**Instructors/Coordinators:** Keni Cox, Jeanette Reese and Fritz von Coelln

**Tech Coordinator:** Fritz von Coelln

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## PERFORMING ARTS

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### Advanced Beginning Violin

**Every Monday • 11 a.m.-noon • Room 18**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

Have you played the violin in the past? Would you like to refresh your skills by studying the basics while learning to play some beautiful simple pop songs? If so, please join our class. You will need a violin and bow, rosin, tuner, music stand, a metronome app on your phone and the books "Essential Elements For Strings - Violin," Books 1 and 2. (Books can be purchased in a music store or online.) Sheet music for songs will be provided.

**Instructor:** Linda Parato    **Coordinator:** Mickey La Casa

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## Classical Guitar: Ensemble

**Every Wednesday • 4 p.m.-6 p.m. • Room 18**

*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*

**Intersession:** *January 7, 14, 21, 28*

**Prerequisite:** Ability to read music

**Required:** A classical (nylon-stringed) instrument, footstool and music stand

For anyone who would like to play a classical guitar and make music in a group, come join us! Music from the 17th century to the present will be played in the classical guitar fingerstyle method. The first half of each class will feature beginning level repertoire. The second half of each class will feature repertoire development.

**Coach/Coordinator:** Janet Bratton

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## Concert Band

**Every Tuesday • 5:15 p.m.-7 p.m. • Shapiro ABCD**

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

**Intersession:** *January 6, 13, 20, 27*

**Prerequisite:** Ability to read music and play an instrument

**Required:** Instrument and music stand

**Concert Dress:** All black or black pants/skirt and white shirt/blouse

**Materials Fee:** None

Did you play an instrument in junior or high school and want to play again? This is the group for you! All levels of musicians are welcome. We will play concert, popular, symphonic and show tune music. Come join in the fun of playing music together. There will be one or two performances each semester.

**Conductor:** James Hartford

**Coordinators:** Rayleen Williams and Tom Stachelek

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## Crescendo Chorale

**Every Friday • 12:30 p.m.-2:30 p.m. • Shapiro ABCD**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** *January 9, 16, 23, 30*

**Materials Fee:** \$25

If you love to sing and enjoy camaraderie, then this is the place for you! The Crescendo Chorale sings together in four-part harmony, enjoying many different genres of music. Even if this is a new experience for you, come and learn to make beautiful music together in song. No auditions are required. Come one, come all!

**Instructors/Conductors:** Tom Hut and Marge Osborn

**Accompanist:** Esther Ahn    **Coordinator:** Amy Kernes

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## **CSUF Faculty/Student Performances/Presentations (Open to the Public)**

**Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Mackey Auditorium/Zoom**  
*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

In collaboration with CSUF School of Music, CSUF School of Music students are given the opportunity to perform for our members in order to fulfill performance requirements for credit toward their degrees. These students are top-rated performers. Faculty members are also invited to participate. In the event that faculty/students are not able to perform on the scheduled dates, lectures on a variety of musical subjects will be presented instead. Additional information will be provided through the OLLI website, weekly OLLI newsletters and posted throughout the Ruby Gerontology Center.

**OLLI Coordinator:** Ellie Monroe

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## **Drama, Improv & Storytelling**

**Every Thursday • 8:30 a.m.-9:45 a.m. • Shapiro CD**  
*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

Do you want to perform better in social situations? If you desire a more confident presence, better voice expression or free and expressive body language, then you have found the right course. For those who are “closet hams,” come out and perform in broad daylight. For eager novices and experienced thespians, there is a place for you. Learn to feel more comfortable in front of an audience, maybe practice for a presentation or just have fun pretending to be someone else.

**Coordinators:** Mary Sampson, Edward Dunvan and Zona Gray-Blair

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## **Jazz Band**

**Every Tuesday • 7 p.m.-8:30 p.m. • Shapiro ABCD**  
*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

**Intersession:** *January 6, 13, 20, 27*

**Prerequisite:** Intermediate/advanced musician

**Required:** Instrument and music stand

**Concert Dress:** Black pants/skirt and white shirt/blouse

**Materials Fee:** \$20

This course will emphasize learning to play jazz with opportunities for improvisation. This is an instrumental group primarily for brass, sax, drums, piano, guitar and bass. Other instruments may be considered. Music from the swing era of the '30s to '50s will be played. Contact the conductor/coordinators by visiting the class. There will be one or two performances per semester.

**Conductor:** James Hartford

**Coordinators:** Rayleen Williams and Thomas Stachelek

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## Learn to Play Classical Guitar

**Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18**

*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

**Intersession:** *January 8, 15, 22, 29*

**Required:** Nylon string guitar, a guitar footstool or other guitar support and a music stand. A guitar tuner, either standalone or a phone app, is helpful but not required.

Are you fascinated by the beauty of classical guitar? Are you interested in learning the basics of playing in the classical guitar style? If so, come join in learning note reading on the guitar and the basic left- and right-hand classical guitar techniques. You'll learn to play melodies and simple duets. The ability to read music is helpful, but not essential. Guitarists of all levels are welcome. The book, "Classical Guitar Method, Volume I" by Bradford Werner, is a free download available at <https://www.thisisclassicalguitar.com/free-classical-guitar-method-book-pdf/>. Please download and print the book before attending class. If you have any questions, please email the instructor at [brattonja@csu.fullerton.edu](mailto:brattonja@csu.fullerton.edu).

**Instructor/Coordinator:** Janet Bratton

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## Learn to Play Guitar

**Every Thursday • 3:30 p.m.-4:30 p.m. • Room 18**

*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

**Intersession:** *January 8, 15, 22, 29*

**Required:** Six-string guitar, tuner and music stand

This is a beginning guitar course. We'll start with the basics—tuning, chord shapes, basic chord progressions, rhythm and strumming patterns. You'll soon be able to play some folk songs, or maybe learn to play a favorite song! As the course progresses, we'll accommodate different learning speeds and end-goal desires, as well as address all your guitar questions. All you need is a six-string guitar, a tuner, a music stand and a desire to have fun and play music.

**Instructor/Coordinator:** Janet Bratton

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## Learn to Play Recorder (New)

**Every Friday • 1 p.m.-2:30 p.m. • Room 18**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** *January 9, 16, 23, 30*

**Required:** Soprano recorder and music stand

Come join us to learn how to play the recorder. It is one of the easiest instruments to learn and play. Even if you have breathing issues, you will easily be able to produce music. And it is good for your health, too. (The NIH has shown that playing an instrument can lower the risk of cognitive impairment.) The ability to read music is a plus, but not necessary. We will teach you. You can buy a very good recorder online for under \$15. You will

also need to purchase the book “Essential Elements for Recorder” published by Hal Leonard Corporation. It is available online for about \$6. Other music will be provided. Get ready to experience the joy of making music!

If you know how to play, join us. In a short while, we will be playing all kinds of fun music—folk, popular, oldies and more.

**Textbook (required):** “Essential Elements for Recorder” published by Hal Leonard Corporation

**Instructor:** Charlotte Lynch    **Coordinator:** Penny Bowman

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## Line Dancing: Beginner’s Level

**Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD**

*September 10, 24 • October 8, 22 • November 5, 19 • December 10*

**Intersession:** *January 7, 21*

Line dancing is a popular means of socializing, sharpening one’s memory and keeping fit. This course offers the basic fundamentals of line dance at a pace suited for the first-time dancer. The dances taught in this course will introduce the standard steps used by all professionals in the industry. All levels of dancers are welcome.

**Instructor/Coordinator:** Ellie Monroe    **Coordinator:** Debbie Maxwell

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## Line Dancing: Advanced Beginners and Intermediate

**Alternate Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD**

*September 17 • October 1, 15, 29 • November 12, (26 no class) • December 3*

**Intersession:** *January 14, 28*

Do you love to dance? Come and join us for an afternoon of music and fun. This course steps up to the next level of line dance from the beginner’s level course. Current and traditional line dance will be taught at a relaxed and comfortable pace. Line dancing is a great exercise for improving balance, coordination and memory skills while burning calories at the same time! All are welcome.

**Instructor/Coordinator:** Ellie Monroe    **Coordinator:** Nancy Bauerly

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## Line Dancing Workshop: Beginners/Intermediate

**Every Friday • 11 a.m.-Noon • Room 18**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** *January 9, 16, 23, 30*

This workshop is to offer “Line Dancing” students an opportunity to practice and reinforce line dances learned in the “Line Dancing” courses. All levels of dancers are welcome to join in. Be prepared to get an aerobic workout.

**Instructor/Coordinator:** Ellie Monroe

**Coordinator:** Debbie Maxwell

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## Musical Performances

**Designated Dates and Times • Mackey Auditorium/Shapiro ABCD**

*Dates: TBD*

These performances are designed to entertain you, showcasing a variety of talents found among the musicians, vocalists and dancers in our OLLI membership. Additional information will be provided through the OLLI website, weekly OLLI newsletters and other publications posted throughout the Ruby Gerontology Center.

**Series Coordinators:** Rayleen Williams and Renee Cabrera

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## Musical Performances/Presentations/Rehearsals

**Designated Fridays • 1 p.m.-8 p.m. • Mackey Auditorium/Zoom/Stream-Rec**

*Dates: TBD*

These dates are provided for groups and individuals who need time and space to prepare for upcoming concerts/events/presentations. There will be occasions when “CSUF Faculty/Student Performances” and additional OLLI “Musical Performances” participants will be scheduled for special presentations. Notices of performances and additional information will be provided through the OLLI website, weekly OLLI newsletters and other publications and posted throughout the Ruby Gerontology Center.

Note: CSUF performances will be open to the public.

**Coordinators:** Ellie Monroe, Rayleen Williams and Renee Cabrera

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## Noontime Student Piano Performances


**Alternate Thursdays • Noon-12:30 p.m. • Mackey Auditorium/Zoom**

*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

Come experience how students in piano studies in the School of Music at CSUF have applied their talents and hard work to achieve great success. Through our relationship with Professor Rob Watson, OLLI members and friends will be the beneficiaries of a series of half-hour presentations by these remarkable students. The students gain encouragement from an appreciative audience.

**CSUF Coordinator/Professor:** Rob Watson

**OLLI Coordinator:** Ellie Monroe



***“In addition to friendship, OLLI has given me purpose. I feel valued here. I can use my teaching skills with people who, like me, still want to learn.”***

**-Mary Sampson**

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## OLLI Flash Mob

**Every Tuesday • 2 p.m.-4 p.m. • KHS 203**

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

**Intersession:** *January 6, 13, 20, 27*

**No Prerequisites:** All dancers welcome.

The OLLI Flashers never fail to entertain a crowd. We've danced for Brea Mall, the City of Fullerton and even ABC TV. Come and learn our new dances and review/learn our repertoire of previous Flash Mob dances. You don't need to be a pro ... just a senior who wants to have fun. Join us as we dance on campus and at different venues all over Orange County. Let's set the stage on fire!

**Instructor and Choreographer:** Jeanette Reese

**Coordinators:** Joanne Hardy and Fritz von Coelln

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## Piano Keyboard: Improve Your Ability to Play and Improvise

**Every Monday • 5:15 p.m.-6:30 p.m. • Zoom**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Required:** Keyboard and headphones

**Prerequisite:** Some ability to read music

If you've taken music lessons in the past and want to play keyboard, this may be the course for you. Review what you know and improve your skills. We will work on melody (hum or read lines, spaces and scales), add harmony (review chord theory and practice progressions) and improve rhythm (counting waltz, two-step and polka). This method is applicable to sing-along tunes, familiar standards, country and early rock 'n' roll—maybe even some jazz and blues.

**Instructor:** Ani Nuyujukian    **Coordinator:** Gene Hiegel

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## Piano Keyboard: Intro

**Designated Mondays • 3:30 p.m.-5 p.m. • Shapiro AB**

*September 8, 15, 22, 29 • October (6 no class) 13, 20, 27 • November (3 no class), 10, 17, (24 no class) • December (1 no class), 8*

**Intersession:** *January (5 no class), 12, (19 no class), 26*

**Required:** Piano keyboard and headphones or earbuds

Do you want to enjoy music through the piano? Have you ever tried playing the piano but gave up due to the challenge of using both hands simultaneously? Are you searching for a learning environment that provides encouragement and positive feedback? This course is designed to make learning the keyboard a breeze, even if you have no prior knowledge of reading sheet music. All you need is your piano keyboard; we will guide you through the rest. Absolute Beginners are encouraged to participate.

**Instructor/Coordinator:** Ellie Monroe

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## String Ensemble

**Every Thursday • 10 a.m.-noon. • Room 18**

*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

**Prerequisite:** Intermediate musician

**Materials fee:** None for Fall

Do you play a string instrument [violin, viola, cello]? Would you like to play chamber music? If so, please join us! If you are unsure about your skill level, try us out for a couple of weeks. Please bring your instrument, a music stand and a pencil.

**Instructor/Coordinator:** David Doo

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## Strings and Things Music Jam

**Every Tuesday • 1:45 p.m.-3:15 p.m. • Room 18**

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

**Intersession:** January 6, 13, 20, 27

This music jam activity course is for musicians who want to play and/or sing with other musicians and increase their repertoires. We will have an open jam format where class members will suggest tunes and songs to be played. All music will be provided via a Dropbox link. Please contact Patty McCollom at [pattymccollom96@gmail.com](mailto:pattymccollom96@gmail.com) if you have questions. We are looking forward to our musical collaboration.

**Instructor/Coordinator:** Patty McCollom

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## Tap Dancing: Beginning

**Every Friday • 10 a.m.-11 a.m. • KHS 202**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** January 9, 16, 23, 30

This is a fun, no-stress class. If you have always wanted to learn to tap dance, this course is for you! For those who would like to learn basic, easy tap steps at a very slow pace, please join us. Some tappers may prefer to remain in this class. Others will use what they learn in “Tap Dancing: Beginning” to later transition into our more advanced tap course. For more information, contact Toni Hoffman at [tonihoffman@sbcglobal.net](mailto:tonihoffman@sbcglobal.net).

**Instructor/Coordinator:** Toni Hoffman    **Tech Coordinator:** Stan Hoffman

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### Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Vickie Hite at [vwhite418@gmail.com](mailto:vwhite418@gmail.com).

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## Tap Dancing: Advanced

**Every Friday • 8:30 a.m.-9:50 a.m. • KHS 202**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** *January 9, 16, 23, 30*

Prerequisite: OLLI “Tap Dancing: Beginning/Intermediate”

If you have completed “Tap Dancing: Beginning/Intermediate” or have some tap experience, come and learn more skills. Join this advanced tap course for great fun and friendships! New steps become routines and in no time you will be enjoying the many dances you will learn. By learning our tap steps and routines you will become a “Snappy Tapper of OLLI.” The Snappy Tappers have performed locally; however, performing is not required. For information, contact instructor Toni Hoffman at [tonihoffman@sbcglobal.net](mailto:tonihoffman@sbcglobal.net).

**Instructor/Coordinator:** Toni Hoffman

**Tech Coordinator:** Stan Hoffman

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## Ukulele: Beginner 1

**Every Monday • 2 p.m.-3:30 p.m. • Room 18**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Intersession:** *January 5, 12, (19 no class), 26*

**Required:** An ukulele, an electronic tuner, a music stand and the book “Essential Elements for Ukulele Method Book 1” by Marty Gross, Hal Leonard Publisher, ISBN 978-1480393882. It is under \$10 online. No ability to read music is required.

Find out what the ukulele craze is all about. In this course, you will learn a dozen chords and see that the ukulele can play any kind of music. You’ll leave the first class able to play a few songs. You’ll be amazed at what you can play by the end of the semester! The only prerequisite is a desire to have fun.

**Instructors:** Jill Patterson and Linda Callen    **Coordinator:** Kurt Manglos

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## Ukulele: Symposium

**Every Monday • 3:30 p.m.-5 p.m. • Shapiro CD**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Intersession:** *January 5, 12, (19 no class), 26*

**Prerequisites:** A solid understanding of chord progression and several strumming and fingerpicking patterns will make your Symposium experience more satisfying

The “Ukulele: Symposium” course will allow you to strengthen your skills in fingerpicking and chord melody. This course will also explore instrumental pieces that rely on those skills to bring the musicality of the piece forward, rather than relying on voice accompaniment. This course will explore contemporary, rock and classical music.

**Instructor:** Vickie Hite    **Coordinators:** Leland Akasaki and Linda Callen

# LANGUAGES

Please note: “French 1,” “German 1” and “Spanish 1” are intended for beginning students from fall through summer semesters. Our other OLLI language courses are “ongoing,” i.e., they do not “start over” every year as they may in a high school or a university setting. After a year of “French 1,” “German 1” or “Spanish 1” students have the option of moving on to “French 3,” “German 2” or “Spanish 3” or repeating “French 1,” “German 1” or “Spanish 1” as a refresher course. We do not give placement tests, so newcomers to language courses are welcome to sample classes and stay with any or all courses that suit their level of proficiency.

“American Sign Language for All Ages” was added to the OLLI curriculum in the 2025 spring semester. This is an ongoing course; however, the instructor is willing to work with new students.

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## American Sign Language For All Ages

**Every Friday • 10:15 a.m.-11:45 a.m. • Room 19**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

***Intersession:*** January 9, 16, 23, 30

American Sign Language is a valuable language to learn, and the ability to engage and communicate with the hearing impaired is a great benefit. This course will provide a basic level of skill to communicate with a spouse, friend or grandchild, and, if you yourself are hearing impaired, communicate more comfortably in a wide variety of situations. This course will introduce the ASL alphabet, concepts, words and signing styles. As the class continues, your knowledge and ability to communicate will continue to expand and grow as you explore this beautiful language.

***Instructor:*** Dawn Wilson    ***Coordinator:*** Linda Callen



### Links to Online Classes

Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at <http://olli.fullerton.edu/> (CSUF username & password required).

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## French 1

**Every Tuesday • 10 a.m.-11:45 a.m. • Room 21**

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

“French 1” is for beginners who have little or no French language skill. Many French people in tourist areas speak English, so why study French? Because demonstrating appreciation for their culture and a minimum of acquaintance with their language will put smiles on their faces and make your trip to a French-speaking country even more pleasurable. The course will emphasize good pronunciation and introduce key vocabulary and common expressions as well as basic grammar to help you to speak respectfully while enjoying exposure to and participation in French culture. For students who have previously attended the class, we will be starting with a brief review over the first weeks of units covered in spring 2025, and will then move forward to new material. The coursework will be appropriate for both beginners and students who have attended the class previously.

**Textbook** (optional): “Easy French Step-By-Step,” 1st Edition, by Myrna B. Rochester (ISBN-13: 978-0071453875)

**Instructor:** Don Bradley    **Coordinator:** Mike Shellman

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## French 3

**Every Wednesday • 10 a.m.-noon • Zoom**

*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*

**Prerequisite:** Some previous study of French or equivalent

The three goals of this intermediate level course are: a) to increase our knowledge of French vocabulary and grammatical structures; b) to emphasize exposure to authentic French culture through videos and easy texts; and c) to practice conversation. We’ll start slowly, integrating vocabulary and structures usually studied in a second semester French class, relying on PowerPoint presentations created by your instructor and on videos made in France rather than on a traditional textbook.

Learning with video on Zoom has a big advantage for language study: it brings the sights and sounds of the new culture into our own environment. Therefore, our two-hour Zoom meetings will usually comprise a video lesson coming to us from France, integrating culture, vocabulary and grammar, the discussion of easy texts and/or practice speaking French in groups of two or three participants in Zoom breakout rooms.

**Textbook** (optional): “The Ultimate FRENCH Review and Practice,” any edition, offering detailed explanations, exercises and corrections of the exercises

**Instructor:** Barbara Vigano

**Coordinators/Tech Coordinators:** Sara Clark and Cindy Owens

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## German 1

**Every Tuesday • 10:30 a.m.-noon • Room 9**

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

**Intersession:** *January 6, 13, 20, 27*

This course is for those who have little or no knowledge of the German language but would like to learn its basics. It will cover basic grammar, vocabulary, pronunciation, spelling and interactive dialog. Primary teaching material will come from on-line applications (mainly the internet) and instructor handouts. German history, geography and culture will be included as by-products of the language coursework. Some self-imposed homework will be expected, to reinforce material covered in class.

**Instructors:** Ken Luke, Debbie Gonzalez and Marvin Maio

**Coordinator:** Bill Reilly

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## German 2


**Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom**

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

Guten Tag und Herzlich Willkommen in der Deutschklasse!

This on-going German course is centered on increasing fluency, expanding vocabulary and deepening the knowledge of grammar and structures. German culture, history, politics, way of life and relevant topics are common themes in the course. Authentic texts, movies, videos and German visitors add to the real-life atmosphere of the course. Handouts, provided by the instructor, will take the place of a textbook. Whether you want to expand your knowledge of German, travel to Germany or any other German-speaking country, or you just have an interest in learning about a great world culture, this OLLI German course is right for you. While many in the course have been taking it for some time, we will also target lessons so that intermediate speakers should be able to follow along and make strides in their German competence.

**Instructor:** Don Bradley    **Coordinators:** Ken Luke and Richard Zawilski



***“I look forward to assisting our CSUF students by empowering them to reach their educational and personal goals and help them build life skills and grow in confidence.”***

**-Roberta Jimenez**

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## Spanish 1

**Every Thursday • 10 a.m.-11:30 a.m. • Shapiro AB**

*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, (13 no class), 20, (27 no class) • December 4, 11*

**Prerequisite:** Anyone may join the course in September. Students joining for the first time in the spring or summer need to check with the instructor on the first day of class. It is sometimes difficult to catch up in a language class once it has been running for several weeks. Some people are able to join successfully in mid-year if they already have some basic Spanish. Students are invited to try out the class and judge for themselves if it is at a useful level for them.

Spanish 1 is geared for beginners. It is a year-long course which starts anew every fall and becomes more complex in the spring and summer. The class covers basic sentence structures with speaking and listening. Phonics will be taught for reading and writing. Repeating this course in the fall is an option if space is available for new beginners. Our goal is to lay a good foundation for learning Spanish and to leave every class saying goodbye and a new phrase in Spanish.

**Instructor:** Marjorie Mota    **Coordinator:** Jackie Ryan

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## Spanish 3

**Every Wednesday • 10 a.m.-11:30 a.m. • Room 21**

*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*

This course is designed for those who have studied Spanish in the past and wish to continue building their knowledge of vocabulary and grammar.

It presumes an acquaintance with present, past and future tenses. The focus of the course is on intermediate-level grammar skills to increase the understanding of written and spoken Spanish, and to improve the ability to speak Spanish. The course is mainly taught in Spanish with some English. The following textbooks, either physical or electronic versions, are suggested but not required:

1. Sandstedt, Lynn & Ralph Kite. 2014. "Conversación y repaso." 11th ed. Boston, MA: Heinle, Cengage Learning. [ISBN-13: 9781133956822]
2. Sandstedt, Lynn & Ralph Kite. 2014. "Civilización y cultura." 11th ed. Boston, MA: Heinle, Cengage Learning. [ISBN-13: 9781133956747]
3. Digital version of Sandstedt, Lynn & Ralph Kite. 2014. "Conversación y repaso." 11th ed. Boston, MA: Heinle, Cengage Learning. [ISBN-13: 9781285415451]

**Instructor:** Juan R. Ishikawa    **Coordinator:** Carolyn Mendoza

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## Spanish 4

**Every Monday • 1:15 p.m.-3:15 p.m. • Room 9**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

Prerequisite: The ability to process directions in Spanish and to express opinions in group discussions.

Students will increase fluency by engaging in dialogue and interactive activities. Topics of high interest are discussed. History and culture lessons promote vocabulary development. On an as-needed basis, selected points of grammar are reviewed. Students often volunteer to present a lesson or a travelog in Spanish. This is a win-win learning situation, since speaker preparation accelerates vocabulary acquisition and, when the audience thinks on its feet by asking questions in Spanish, it mirrors the give and take of real-life conversation. New students with some fluency may join at any time. On the fourth Monday of each month, Judy Ortiz will conduct a Spanish book club for all who wish to participate.

**Instructor/Coordinator:** Mari-Lynne Reid

**Tech Coordinator:** Ken Luke

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## Spanish Conversation (New)

**Alternate Thursdays • 10 a.m.-11:45 a.m. • Room 9**

*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

This class will be offered to students who have a basic ability to communicate in Spanish and want to improve their oral skills. While grammar, vocabulary and writing are provided in other classes, the objective of this class is to develop the most difficult aspect of a language, which is speaking without extensive preparation. Vocabulary, attention to pronunciation and usage of proper grammar will be expanded during this course. The class topics will be varied and include conversations about selected articles, movies, documentaries and themes where the students discuss their views and understanding in Spanish. Students may be assigned to groups to argue for or against an idea or concept.

**Instructors/Coordinators:** Suzi Attal and Lu Attal



### **OLLI is on Facebook and Instagram**

Follow activities at OLLI-CSUF:

[www.facebook.com/OLLICalStateFullerton](http://www.facebook.com/OLLICalStateFullerton)



[www.instagram.com/ollicsuf](http://www.instagram.com/ollicsuf)

# ECONOMICS, HUMANITIES AND SOCIAL SCIENCES

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## ABC's of Medicare

**Designated Tuesdays • 10 a.m.-noon • Zoom**

**Intersession:** *January 13, 20, 27*

This educational series via Zoom highlights the importance of knowing when to sign up for Medicare to maximize your benefits and avoid late enrollment penalties. It's also essential to understand that you can modify your existing plan to better suit your specific needs. The series consists of three Medicare-related classes. The first, "Medicare Basics", is an overview of the four parts of Medicare: Part A-Hospital Care, Part B-Medical Care, Part C-Medicare Advantage and Part D-Medicare Prescription Drug Coverage. The second, "Plan Comparisons," will break down the differences between HMO, PPO and Supplemental/Medigap plans. The third, "Understanding Medical Bills", will provide guidance on how to interpret your medical bills and help answer questions like, "I just received a bill from my doctor. Do I need to pay it or will my insurance company cover it?"

**Instructor:** Diana Dillman, Medicare Options Specialist, Live Well Insurance

**Coordinator/Tech Coordinator:** Tom La Casa

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## American Magazine: News, Politics, Economics, Law

**Designated Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/  
Stream-Rec**

*September 30 • October 28*

**Intersession:** *January 13*

This course explores contemporary current events and consumer and business economics, Supreme Court decisions, and policies, politics and challenges facing the nation. Classes will focus on "cover stories" ripped from the headlines and presented in-depth for analysis and fact-checking. Use of multimedia aids and presentation of issues in a style that is designed to be both educational and (occasionally) entertaining differentiates this course.

**Instructor/Coordinator:** Mike Stover

**Tech Coordinator:** Jay Messner



### Please Recycle at OLLI

Blue recycling bins with the recycle logo have been placed throughout the Ruby Gerontology Center for paper and cardboard and empty paper, plastic, glass and metal containers. Please recycle while at OLLI.

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## Eclectics

**Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/  
Stream-Rec**

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

Webster defines eclectics as “selecting what appears best in various doctrines, methods or styles.” That’s us—the best of everything. In each class we learn about a different topic from an expert in their field. This potpourri could include prominent lawyers, astronauts, actors, museum curators, newspaper columnists, professors or local authorities on topics drawn from current news. Each topic and speaker’s name will be published well in advance of the actual presentation in the weekly OLLI newsletters and in the Shapiro lobby. Come join us to explore a great variety of topics with an impressive array of speakers.

**Coordinators:** Barbara Rosen and Britt Wachsman

**Tech Coordinator:** Bob Newcomb

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## Exploratory Discussion Group

**Every Monday • 1:15 p.m.-3:15 p.m. • Shapiro CD/Zoom**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

From The Great Courses video lecture series, we will finish “The Surveillance State,” then start a new series titled “Liberty On Trial: Trials of Freedom” by Professor Douglas Linder, who also did the series on “Great Trials in World History.” This lecture series will extend into spring 2026.

**Coordinator/Tech Coordinator:** Leland Akasaki

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## Gender, Sex and Society

**Alternate Tuesdays • 12:15 p.m.-2:15 p.m. • Room 21**

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

In this course, we will cover LGBTQA+ vocabulary and history and explore and discuss current issues surrounding gender and sexuality. When most of us grew up, life was simple: You were a boy or a girl, and you would grow up to marry someone of the opposite sex. Anything that deviated from that was, well, deviant. Today, there is a whole new vocabulary, with flags and letters and flow charts, to describe the complexity of gender and relationship identities. What does it all mean? What makes us uncomfortable, what makes us curious or even hopeful and why? The course will combine videos and lectures with open discussion and plenty of time for questions and curiosity.

**Instructor/Coordinator:** Ginger Barnhart

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## Great Decisions

**Designated Fridays • 1:15 p.m.-3:15 p.m. • Room 21/Zoom**

*September 19 • October 17 • November 14 • December 5*

Within three decades following the end of the Cold War, the United States found itself in a period of great-power conflict and accelerating technological change. In this class we will explore and discuss these dramatic changes using briefing materials and videos provided by The Foreign Policy Association and augmented by leading publications such as The Wall Street Journal, The New York Times, The Economist and Foreign Affairs magazines. Discussion topics will include U.S.-China Relations, NATO's Future, Mideast Realignment, Climate Technology and more. Each class will typically consist of video and lecture presentations followed by roundtable discussions. Our objective will be to better understand why historic changes are occurring now and how they are connected to each other and ourselves.

**Instructor/Coordinator:** James R. Monroe    **Tech Coordinator:** Jay Messner

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## Italian Renaissance and Beyond: Venice (New)

**Alternate Tuesdays • 12:15 p.m.-1:45 p.m. • Mackey Auditorium/  
Zoom/Stream-Rec**

*September 16, 30 • October 14, 28 • November (11, 25 no class) • December 2*

This course delves into various aspects of Italian civilization during the Renaissance and slightly beyond. It is interdisciplinary, integrating multiple disciplines such as history, visual arts, music, literature and government to provide a well-rounded picture of the era. The fall semester will focus on the Republic of Venice during its Golden Age from the 1400s to 1600s. What made the Republic of Venice one of the most splendid cities of the European Renaissance? What contributed to its fall? Examples of Venetian documents provide extensive information about this fascinating city and enlighten us about how history is written. Through audio and visual material, we will learn about various events and trends and discover how they influenced other areas of life, resulting in “aha” moments for students as they make connections and understand how each aspect affects everything else.

**Instructor:** Giulio Ongaro    **Coordinator:** Cheryl Ongaro

**Tech Coordinator:** TBD

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## News: Up Close and Personal

**Alternate Thursdays • 10 a.m.-11:30 a.m. • Shapiro CD**

*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

**Intersession:** January 8, 22

This course presents enlightening discussion of the day's news, including current events, politics, law, entertainment, culture, technology, business, the economy, health and medicine, and successful living. Participants need not have similar views—just similar interests. In a world where too many talk over each other, this class emphasizes respectful exploration of the news.

**Moderator:** Mike Stover    **Coordinator:** Barbara Rosen

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## Orange County Grand Jury in Action (Open to the Public)

**Thursday, October 2 • Noon-2 p.m. • Mackey Auditorium/Zoom  
/Stream-Rec**

The goal of the Grand Jurors' Association of Orange County (GJAOC) is to educate citizens on the role and responsibilities of the Grand Jury. The Grand Jury ensures that the performance of county, city and other local agencies is ethical and proper. Through their annual reports, the Grand Jury provides increased transparency and improves oversight into Orange County government. Highlights of those reports will be presented by the Foreperson of the Grand Jury. We would love to share the Grand Jury experience with OLLI-CSUF members.

**Instructors:** Lynn Bonas, Doug Gillen, Grand Jurors' Association of Orange County, and Foreperson of the 2023-2024 Grand Jury

**Coordinator:** OLLI Member    **Tech Coordinator:** Jay Messner

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## Personal Finance and Retirement

**Designated Tuesdays • 3:15 p.m.-4:30 p.m. • Shapiro CD**

*September 16, 23, 30 • October 7, 14, 21*

This course is designed for OLLI members who want to strengthen their understanding of personal finance and make informed investment decisions in retirement. Through engaging and accessible lessons, we'll explore the fundamentals of investing, retirement income planning and effective withdrawal strategies. You'll gain clarity on the roles of IRAs and Roth IRAs and discover practical ways to plan for financial challenges in retirement. By the end of the course, you'll feel more confident and empowered in managing your finances, equipped with practical knowledge to support a secure and fulfilling retirement.

**Instructor:** Carrie Volerio, Financial Advisor, Raymond James Financial Services

**Coordinator:** David Wilkinson

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## Social Science in the News

**Alternate Tuesdays • Noon-1:30 p.m. • Shapiro CD**

*September 16, 30 • October 14, 28 • November (11, 25 no class) • December 2*

Join us as we explore the latest social science research to understand the real data behind today's issues. Our emphasis is on adding light (knowledge), not heat (rhetoric) to topics everyone is talking about. Topics change every semester—as the news changes—and have included immigration, voting behavior and attitudes, AI, child poverty, education, public health and more.

**Instructor/Coordinator:** Edwin Batson

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## TED Talks

**Alternate Wednesdays • 12:15 p.m.-1:45 p.m. • Room 9/Zoom**

*September 10, 24 • October 8, 22 • November 5, 19 • December 10*

The motto for TED—Technology, Entertainment, Design—is “Ideas change everything.”

- Ideas change people. They change your perspective, your sense of what can be, even your life’s trajectory.
- Ideas change communities. They create new collectives, energize existing ones and galvanize a shared vision for the future.
- Ideas change humanity. When minds shift and communities convene, there’s no limit to what they can achieve together.

Come refresh your brain as we discuss videos presented by the vast array of the global TED community. Add your thoughts to what others are thinking.

**Moderator:** Steve Kernes    **Coordinator:** Steve Kernes

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## Transitions in Retirement Essentials (Open to the Public)

*Designated Saturdays • 9:30 a.m.-11:30 a.m. • Shapiro ABCD/Zoom/Stream-Rec*

*September 13, 20, 27 • October 4, 11, 18, 25 • November 1*

This engaging, fun, life-changing program teaches us to appreciate what matters most for ourselves, our dreams and our goals, and how to enjoy the exciting times ahead. If we develop goals and plans for these years, the transition into retirement will be smoother and much more fulfilling. This series of classes will provide some structure and professional aid in planning for this exciting future.

**Program Coordinator:** Russell MacKeand

**Coordinators:** William Clark, Mickey La Casa, Tom La Casa, Joseph Lawton, M.D., Ellie Monroe, Jim Monroe and Mike Stover

**Tech Coordinators:** Tom La Casa, Russell MacKeand, Ellie Monroe and Jim Monroe

## Right Asset, Right Account: A Guide to Tax-Optimized Investing

*September 13 • Shapiro ABCD/Zoom/Stream-Rec*

**Speaker:** Junette McCarthy, CFP®, CFA® Wealth Manager & Certified Financial Planner, McCarthy Wealth Management

In this class, we’ll discuss why asset “location” (different from asset allocation) matters for taxable, tax-deferred and tax-exempt accounts. Proper use of asset location can improve after-tax returns, reduce tax drag and improve portfolio tax efficiency. Other topics presented will include an example portfolio to illustrate the proper location of various asset classes within an overall diversified portfolio, tax-loss harvesting and considerations for changing tax laws, rebalancing and withdrawal strategies and timelines

## **Crafting Your Retirement: Options, Opportunities and OLLI**

*September 20 • Shapiro ABCD/Zoom/Stream-Rec*

**Speaker:** Chris Kondo, Ph.D., Lecturer of Marketing, Emeritus, CSUF, and Former Executive Career Advisor

What are you going to do during retirement? While other classes focus on the financial aspects of retirement, this class will help you design a set of activities that will bring you happiness and satisfaction. Understand what you enjoy doing, where you might find those pursuits and how OLLI fits in.

## **Keeping Fit and Strong for Life**

*September 27 • Shapiro ABCD/Zoom/Stream-Rec*

**Speaker:** Koren Fisher, Associate Professor, Director, Center for Successful Aging, CSUF

Physical activity and physical fitness are an important part of healthy aging. This workshop will discuss the specific benefits of aerobic exercise, resistance training and neuromotor activities to help maintain or improve your cardiovascular fitness, muscle strength, power, balance and mobility. Whether you are looking to become more physically active or you are interested in learning how to get the most out of your current exercise routine, this evidence-based workshop will help you move closer to your physical activity goals and address any questions you may have about exercise and physical fitness.

## **Retirement Housing Options Workshop and Resource Fair**

*October 4 • 9 a.m.-1 p.m. • Shapiro ABCD*

**Speakers:** TBD

Few decisions are as consequential as housing during retirement. Access to family, friends, medical services, shopping and entertainment must be assessed. Whether your choice is “aging in place” where you currently live or moving to a rental or “entry fee” retirement community, there are many options in North Orange County. Your options, including nearby retirement communities and their facilities, services and costs, will be examined. A panel of OLLI members who live in retirement communities will also discuss their experiences and answer questions. Decision-making criteria will be explored to address alternatives as changes occur in your independent living status and future caregiving/care-receiving needs. Helpful reference information, experts, refreshments and “package” snacks will be available.



### **Learn to Use Zoom**

Click on [ZOOM HELP](#) on the OLLI website to learn more about using Zoom.

## **Foot and Ankle Problems**

*October 11 • Zoom/Stream-Rec*

**Speaker:** Marie Keplinger, DPM, FACFAS, Board Certified in Foot and Reconstructive Rearfoot/Ankle Diplomate, St. Jude Heritage Medical Group.

Dr. Keplinger has extensive experience in foot and ankle reconstructive surgery, limb salvage and sports medicine. She will be discussing the conservative and surgical options for the most common complaints ailing the aging population, such as heel pain, arthritis, bunion and hammer toe deformities.

## **To Be Determined**

*October 18 • Zoom/Stream-Rec*

**Speaker:** TBD

Please watch the weekly OLLI newsletters for details of this presentation.

## **Medicare Essentials: Understanding Medicare Basics**

*October 25 • Zoom*

**Speaker:** Gene Campbell, HICAP Counselor and Community Educator, Council on Aging-Southern California, Health Insurance Counseling and Advocacy Program (HICAP)


Do you need help understanding your Medicare coverage? HICAP (Health Insurance Counseling and Advocacy Program) will present the “Medicare Essentials” seminar. The content is important to individuals new to Medicare and current Medicare beneficiaries, their families and caregivers. Learn about your Medicare benefits, coverage options, costs and cost-saving options. HICAP, a program of the Council on Aging-Southern California, provides free, unbiased services and does not sell or endorse insurance products

## **To Be Determined**

*November 1 • Zoom/Stream-Rec*

**Speaker:** TBD

Please watch the weekly OLLI newsletters for details of this presentation.



***“OLLI, to me, is like a social banquet table filled with plates of education, knowledge, fellowship, art, music and friendships, all served with a side dish of fun. There is always food on the OLLI table and everyone is welcomed to enjoy as little or as much of everything that is offered.”***

-Dennis Wilson

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## Trump Presidency

**Designated Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/  
Stream-Rec**

*September 16 • October 14 • December 2*

**Intersession:** *January 27*

This course explores the policies, politics, foes and challenges facing America's 47th President during a time of extreme division over the country's direction and governance principles. Historical context and rigorous analysis will be used. The views and tactics of the President's foes will also be highlighted.

**Instructor/Coordinator:** Mike Stover    **Tech Coordinator:** Jay Messner

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## Warren Buffett's Investment Methodology

**Designated Wednesdays • 1 p.m.-3 p.m. • Room 21**

*October 8, 22 • November 5*

This course teaches Warren Buffett's investment methodology and the four criteria to analyze a business. The financial statements in the SEC filings of publicly traded companies are examined to determine profitability, debt and free cash flow. The instructor will explain the DuPont ratio for return on equity and how to estimate the present valuation of a company's stock using discounted cash flows. The companies, examples and case studies are different every year. The last class is a Q&A session for any financial investment questions.

**Instructor:** David Doo    **Coordinators:** David Doo and Jim Monroe

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## What's Behind the News?

**Alternate Wednesdays • 10 a.m.-noon • Zoom**

*September 10, 24 • October 8, 22 • November 5, 19 • December 10*

Join our thoughtful discussion of current events, which includes the broader context of ongoing political, economic and social change. As well as reviewing the news of the day, we will aim to delve more deeply into one or two topics each time. Your questions and comments are welcome in this sometimes passionate but always respectful conversation.

**Coordinator:** Grace Bertalot    **Tech Coordinator:** Steve Kernes

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### Links to Online Classes

Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at <http://olli.fullerton.edu/> (CSUF username & password required).

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## Wisdom Exchange

**Alternate Wednesdays • 10 a.m.-noon • Room 9/Zoom**

*September 17 • October 1, 15, 29 • November 12, (26 no class) • December 3*

In “Wisdom Exchange,” all participants have the opportunity to share their wisdom, whether about dealing with day-to-day problems, coping with stressful world events, or managing the physical, psychological and social challenges that can come with growing older. Various topics are brought up in each class, and class participants share their views, their concerns and their joys. In the process, we laugh a lot and get to know each other better.

**Instructors:** Class members

**Coordinators:** Maureen McConaghy and Grace Bertalot

**Tech Coordinator:** Chris Heaton

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## World War II: What Happened? Why?

**Alternate Mondays • 2:15 p.m.-3:45 p.m. • Room 21**


*September 8, 22 • October 6, 20 • November 3, 17 • December 8*

Today’s world can best be understood by viewing it through the lens of World War II. That war was the dominant event of the 20th century. It and its echoes determined the borders and form of government of most countries in today’s world, and it continues as a powerful force to the present day.

The course will have:

- In-depth original material to provide understanding of critical events, including what and why things happened as they did.
- High quality historical videos.
- A limited amount of material from other sources on World War II to establish context for in-depth topics and serve as a summary presentation of events that don’t receive in-depth treatment.

**Instructors/Coordinators:** Bob Caswell and Elwood Berry



***“OLLI has brought me warm friendships, laughter, thought-provoking discussions and the opportunity to get to know many highly talented individuals. Sharing travel experiences, day trip ventures, honing my limited computer skills, book discussions, music, films, gardening tips, financial advice and guest lectures on a wide variety of topics are just some of the ways OLLI has enriched my life.”***

**-Monika Broome**

# HEALTHY LIVING

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## Longevity Stick Exercises

**Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom**

*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*

**Intersession:** *January 7, 14, 21, 28*

Longevity Stick is a Vietnamese exercise regimen consisting of a series of 12 movements done with a stick. The exercises are designed to maintain a healthy body and spirit by improving balance, flexibility, strength, mental focus and breathing capacity. For more information, go to <https://www.longevitystick.org/>. By the second class, you will be required to have a one-inch-thick dowel, the length of your outstretched arms or corresponding to your height, with rubber chair leg tips on each end. Large men may feel more comfortable with a one-and-a-half-inch-thick dowel. Materials can be purchased at any home improvement store and cut to the proper length.

**Instructors/Coordinators:** Nancy Bauerly and Linda Petit

**Tech Coordinator:** Renee Cabrera

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## Medical Series (Open to the Public)

**Alternate Wednesdays • 7 p.m.-9 p.m. • Zoom**

*September 17 • October 1, 15, 29 • November 12, (26 no class) • December 3*

This series will contribute to your “medical literacy” and is co-sponsored with OLLI by the physicians and health care professionals of Providence St. Jude Medical Center and the physicians of UCI Health. Topics are related to issues of particular interest to people of retirement age.

**Coordinators:** Joseph Lawton, M.D. and Carol Thurk

**Tech Coordinator:** Bill Reilly

## GERD & Esophageal Issues: Is it just indigestion or is it time to see a Gastroenterologist?

*September 17*

**Speaker:** Dr. Annie Wang, M.D., Assistant Professor, Division of Gastrointestinal Surgery, Department of Surgery, UCI School of Medicine

Dr. Wang is a board-certified UCI Health general surgeon who specializes in minimally invasive gastrointestinal and weight loss surgery. Her clinical expertise includes metabolic and weight loss surgery, core abdominal wall disorders and complex hernias and gallbladder diseases, as well as esophageal and gastric diseases. Dr. Wang will share with us some tips and tricks on how to identify different symptoms and when to seek a specialist.

## Personalized Genetic Screening and Prevention

October 1

**Speakers:** Allison Foley, M.D., Internist and Physician Informaticist, Providence St. Jude Heritage Medical Group & David Park, M.D.

Dr. Foley uses her expertise in clinical cancer genetic risk assessment and medical informatics to provide clinical care to her high-risk patients and simultaneously work with Information Technology teams to expand the clinical genomics functionality of their Electronic Medical Records (EMR). Dr. Park is a board certified hematologist and medical oncologist. He serves as the medical director of the Providence St. Jude Crosson Cancer Institute and is the chair of the St. Joseph and St. Jude Medical Group Department of Hematology and Oncology. He was instrumental in establishing St. Jude's CARE program (Comprehensive, Assessment, Risk and Education) in partnership with Ambry to identify individuals at increased risk for cancer, including hereditary cancer, and started the high risk cancer genetics clinic at St. Jude. Dr. Foley and Dr. Park will discuss advances in genetic testing relative to inherited cardiovascular risk and cancer risk, as well as new programs St. Jude is offering for those patients found to be at risk.

## Is Joint Replacement Right for You?

October 15

**Speaker:** David Downs, M.D., UCI Health Clinical Associates

Dr. David Downs is a board-certified orthopedic surgeon who specializes in joint replacement and sports injuries. His clinical interests include hip replacement/arthroplasty, knee replacement/arthroplasty, ACL reconstruction, meniscus repair, cartilage restoration, knee instability, rotator cuff repair, labral repair, shoulder instability, sports injuries and treatment of athletes. Join us as Dr. Downs reviews the whole-body when aging, and learn how to optimize your orthopedic outcomes.

## Inspire®: A Treatment for Those with Obstructive Sleep Apnea (who have failed other treatments)

October 29

**Speaker:** Elaine Martin, M.D.

Dr. Martin is a comprehensive otolaryngologist—a head and neck surgeon—who works at Greater Orange County Ear, Nose and Throat Surgeons. She is a graduate of UC Irvine Otolaryngology—Head and Neck Surgery, where she trained in the treatment of sinus, ear, head and neck, and upper respiratory diseases. She will discuss the surgical management of obstructive sleep apnea (OSA), specifically the Inspire® device, a promising option for patients with OSA who cannot tolerate CPAP.

**Please silence your cell phone when  
attending classes and programs.  
Thank you!**

## Exploring the Latest Techniques and Technology for Optimal Vision Health

November 12

**Speaker:** Matthew Wade, M.D., Associate Professor, Department of Ophthalmology, UCI School of Medicine

Dr. Wade is a Board-certified eye surgeon who specializes in complex cataract surgery, cornea disease and transplantation, and LASIK vision correction. His research interests include treatment of dry eye, corneal crosslinking, implantable miniature telescopes for macular degeneration and corneal infection conditions. Dr. Wade will share the latest information on vision-saving techniques and technology practiced at the UCI Health Gavin Herbert Eye Institute in Irvine and a new Brea location opening in fall 2025.

## First Noninvasive Treatment for Liver Cancer

December 3

**Speaker:** Bradley Jackson, M.D.

Dr. Bradley Jackson received his medical degree from the Keck School of Medicine of USC. He completed a one-year internship at White Memorial Medical Center, a 4-year residency in Diagnostic Radiology at the University of Arizona and a one-year fellowship in Interventional Radiology at Stanford University. He currently practices at St Jude Medical Center in Fullerton, CA, where he has practiced for the past 13 years. Dr. Jackson will be discussing histotripsy, which is a new revolutionary technology that uses ultrasound waves to treat liver tumors. This cutting-edge technology not only allows for treatment of tumors with extreme precision, but it is completely non-invasive, which means less pain and faster recovery times.

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## Meditation for Everyday Life

**Every Monday • 3:45 p.m.-5 p.m. • Room 18/Zoom**

*September 8, 15, (22, 29 no class) • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Intersession:** *January 5, 12, (19 no class), 26*

Meditation is a simple and relaxing way of training your mind for a more joyful and peaceful life. Numerous scientific studies have shown that meditation, practiced regularly, can improve mental as well as physical well-being. Studies conducted in university labs and hospitals have shown that meditation can reduce stress, depression, anxiety and blood pressure. Meditation can also improve memory and brain function, boost the immune system and help people deal with chronic pain. Meditation is now being taught in schools and universities, hospitals, large companies and even the military. Different kinds of meditation will be explored, including mindfulness, visualizations, meditation with sound, walking meditation and loving kindness meditation. Beginners and experienced meditators are welcome.

**Instructor:** Mariana Fischer-Militaru

**Coordinator/Tech Coordinator:** Barbara Glaeser

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## **Navigating Cancer: A Survivor's Perspective**

**Every Wednesday • 11:45 a.m.-12:45 p.m. • Room 21/Zoom**

*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*

Newly diagnosed cancer patients and their caregivers are often at a loss about where to start or even how to navigate the complexities and many issues involved in fighting any cancer. Most often, the diagnosis is unexpected and overwhelming. Often the patient and caregiver don't know where to turn and yet know that time is of the essence, as many cancers grow very rapidly with deadly consequences. This class will provide both patients and caregivers with general information, resources and a forum to help both initially and, on an on-going basis, navigate cancer.

**Instructor/Coordinator:** Tom Arai    **Tech Coordinator:** Paul Herrick

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## **Tai Chi**

**Every Monday • 9 a.m.-10 a.m. • Room 18**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Intersession:** *January 5, 12, (19 no class), 26*

Tai Chi has a long and distinguished tradition in exercise programs, and it continues at OLLI-CSUF. Come and exercise under the guidance of instructor **Diane Globerman**. **Start the week with Tai Chi for health and serenity.**

**Textbook** (optional): A suggested reference text on Tai Chi may be useful once you have learned the basic movements: "Beginning Tai Chi" by Tri Thong Dang, (ISBN-13: 978-0-804-82001-1)

**Instructor:** Diane Globerman    **Coordinator:** Fran Doble



***“One can develop friendships with OLLI members, as well as contribute to, and enjoy the numerous activities and classes. I recommend OLLI to anyone who wants to stay active and volunteer their talents to help others reach their potential.”***

-Chris Milord

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## Tap-ercise

**Every Wednesday • 9 a.m.-10 a.m. • Zoom**

*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*

**Intersession:** *January 7, 14, 21, 28*

**Every Friday • 1 p.m.-2 p.m. • KHS 202/Zoom**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** *January 9, 16, 23, 30*

This is a fun exercise course where tap steps are used to improve balance, coordination, strength and stamina. This is an exercise course: there are no routines to memorize and no performances. Students are taught basic tap steps, followed by more advanced steps as the course progresses. Whether you are a beginner or intermediate/advanced tapper, this course will improve your technique, increase your confidence and give you a good workout. For more information, contact Betty Loh-Chen at [blohchen@gmail.com](mailto:blohchen@gmail.com) or Vickie Hite at [vwhite418@gmail.com](mailto:vwhite418@gmail.com).

**Instructors/Coordinators:** Vickie Hite and Betty Loh-Chen

**Tech Coordinator:** Vickie Hite

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## Tennis

**Every Friday • 4 p.m.-dark • CSUF Tennis Courts**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** *January 9, 16, 23, 30*

Come and join your fellow OLLI members in truly enjoyable hours of fun, exercise and non-competitive tennis. You do not have to be an expert, but some tennis skills are important. Formal lessons are not offered. Just show up and bring a can of balls, a water bottle, appropriate tennis shoes and your racket. Park in Lot S10 (formerly Lot G) and enter through the northwest gate.

Note: Courts will not be available for use during inclement weather or CSUF tennis tournaments. Email Ishwar ([chandlers@hotmail.com](mailto:chandlers@hotmail.com)) by Thursday at 5 p.m. to confirm play on Friday.

**Instructor/Coordinator:** Ishwar Chanders

Be sure you have opted in to receive the weekly digital newsletters and the monthly ChroniCLE to receive the most up-to-date information about classes, events, and activities at OLLI.

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## Wisdom and Wellness (formerly Finding More Wisdom and Joy in Retirement)

**Alternate Mondays • 2:45 p.m.-4:15 p.m. • Room 21**

*September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1*

Are you interested in revitalizing your well-being by using life tools to recharge your mind, body and spirit? Do you want to make a positive impact on yourself and your family? Do you want more enthusiasm in your life? If so, come join us. The course will focus on topics related to healthy living, especially mental health, quality of life and friendship. Topics will include exploring secrets to longevity, building resilience, overcoming loneliness, practicing self-compassion/self-care, understanding mindfulness, using your guidance and creating more joy in your life. We will learn how to use wisdom as a life tool in finding more peace and joy.

**Instructors/Coordinators:** David Cortez and Ellie Page

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## Yoga for the Rest of Us

**Every Monday • 2 p.m.-3:30 p.m. • KHS 202**

*September 8, 15, (22, 29 no class) • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Intersession:** *January 5, 12, (19 no class), 26*

**Prerequisite:** Able to do floor exercises and to get up easily

Ease into yoga with this instructor, who will help you find new energy and flexibility. Yoga poses incorporate focused breathing with exercise, stretching, balance and guided relaxation. Join us for a great group experience in practicing yoga to feel better and increase flexibility.

Note: Dress comfortably and have a non-slippery yoga mat for floor work, one or two firm blankets, two foam blocks, a towel for neck support if needed and a non-stretchy strap (a man's tie will do—not the rubber stretchy gym-type straps).

Yoga is practiced barefoot, so please be prepared to take off shoes and socks. Have clothing to keep warm during the final relaxation time.

**Instructor:** Mariana Fischer-Militaru

**Coordinator/Tech Coordinator:** Barbara Glaeser

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***“What joy in making new friends, attending many choices of classes, working with motivated, inspired volunteers and finding such great support.”***

**-Sue Mullaly**

# SCIENCE

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## Archaeology

**Designated Thursdays • 2:30 p.m.-3:45 p.m. • Mackey Auditorium/  
Stream-Rec**

*September 18, October 16, December 4*

## Neolithic Greece

*September 18*

Ancient Greece from 9,000 years ago to about 3,000 years ago: the beginnings of agriculture and metal work and early interactions with the Minoans.

## Bronze Age Greece

*October 16*

The fabulous Mycenaeans were Homer's heroes, connected to and dominated by the Minoans initially. They left us with a familiar mythology and stunning artwork.

## Ancient Greece

*December 4*

Ancient Greece from the post-Mycenaean Dark Ages to the city-states that gave the Western world its laws, philosophies and architecture.

**Instructor:** Bonnie Shirley    **Coordinator:** Renee Cabrera

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## Boundaries of Science: Exploring Current Developments

**Alternate Thursdays • 2:30 p.m.-3:45 p.m. • Mackey Auditorium/Zoom**  
*September 11, 25 • October 9, 23 • November 6, 20 • December (11 no class)*

Join other OLLI members to discuss current topics in science. Classes may include instructor presentations, engaging videos highlighting scientific developments and some expert lecturers. Our goal is to make the material both understandable and interesting. Check the weekly OLLI newsletters for the upcoming topic.

**Instructor:** Jim Monroe    **Tech Coordinators:** Rick Hearn and Susan Hanna

**Please silence your cell phone when  
attending classes and programs.  
Thank you!**

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## Science for You: Dinosaurs

**Every Thursday • 12:45 p.m.-2:15 p.m. • Mackey Auditorium/Zoom/  
Stream-Rec**

*September 11, 18, 25 • October (2 no class), 9, 16, 23, 30 • November 6, 13,  
20, (27 no class) • December 4, 11*

Enjoy these graphics-rich lectures from The Great Courses, presented by Professor Kristi Curry Rogers, an enthusiastic guide to the remarkable world of dinosaurs. Learn about the diversity of dinosaur species, the fossils that reveal their world, and dinosaurs' remarkable behavior and lifestyles. Meet other amazing animals that lived alongside the dinosaurs, from the marine and flying reptiles (often incorrectly called dinosaurs) to the profusion of strange and extraordinary birds, mammals and terrestrial reptiles that shared the dinosaurs' ecosystems. Explore the incredible range and variety of dinosaur species and investigate the environmental disturbances that caused the extinction of the dinosaurs and other organisms in the late Cretaceous Period. Examine in depth the cutting-edge methods in paleontology that are enriching and deepening knowledge of these most extraordinary creatures, including current work on the genetics of dinosaurs and the surprising fact that birds aren't simply descended from dinosaurs, they are dinosaurs. These lectures bring the Age of Dinosaurs to life!

**Instructors/Coordinators:** Rick Hearn and Susan Hanna

**Tech Coordinators:** Paul Herrick and Ginger Barnhart

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## Stuff! A Life Cycle (How we interact with our physical world)

**Alternate Thursdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/  
Stream-Rec**

*September 18 • October 2, 16, 30 • November 13, (27 no class) • December 4*

**Intersession:** January 15, 29

Stuff! We have it, we love it, we hate it. So where does it come from? How does it get to us? And where does it go when we send it "away"? Let's revisit our role in nature and how we are acting as a part of an ecosystem. We can be healthier, feel better and save money! Topics this fall include the educators' roundtable, fabrics/fibers and gorillas!

Each topic will be described in advance of the actual presentation and publicized in the weekly OLLI newsletters.

**Instructor/Coordinator:** Maureen B. Latour

**Tech Coordinator:** Kent Morris

# TECHNOLOGY

## ***COMPUTER AND MOBILE DEVICE EDUCATION***

### **Computer and Mobile Device Courses**

Computer and mobile device courses are free of charge. Due to space limitations and the popularity of computer and mobile device courses, pre-registration may be required for courses such as tutorials, workshops and others. Should registration be required, the course instructor will provide notification of the registration process in the weekly OLLI newsletters. No registration is required for the OLLI Tech Help sessions.

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### **OLLI Tech Help**

*(No Registration Required)*

**Every Friday • 1 p.m.-3 p.m. • Room 20/Zoom**


*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

***Intersession: January 9, 16, 23, 30***

(by appointment only: call the OLLI office (657-278-2446) and leave a message with your name, best contact number or email, the nature of your technology problem, and the kind of device you are using. A Tech Team member will call you to schedule an appointment either in-person or online.)

Need Tech Help? Need help with your computer, mobile devices or other technology you use? Visit the “OLLI Tech Help” lab, which is available virtually on Zoom and face-to-face. OLLI Tech Help may also be available by calling the OLLI office (657-278-2446) and leaving a message with your name, best contact number, email address, the nature of your technology problem and the kind of technology device you are using (e.g., iPhone, Android smartphone, MacBook or Windows computer).

Instructors/Coordinators: Rosalind Charles, Mark Hammel, Rick Hearn, Paul Herrick, Steve Kernes, Tom La Casa, Jim Monroe, Bob Newcomb, Mike Shellman and Danny Torres.



***“Thank you, OLLI for keeping my new retirement going. I thought my goals were coming to a standstill. Not true, I’m finding that enjoyment is waiting for me!”***

***-Leslie Grosse***

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## COURSES

### **Artificial Intelligence (AI) Basics for the Curious (New)**

**Alternate Thursdays • 10 a.m.-noon • Room 20**

*September 18 • October 2, 16, 30 • November (13, 27 no class) • December 4*

**Pre-registration Required:** Watch the weekly OLLI newsletters for more information.

This course introduces OLLI members to the fast-evolving world of Artificial Intelligence (AI) in an accessible and engaging format. Designed for learners across a range of tech confidence levels, the course explores where AI shows up in everyday life and where it's headed next. Topics include the basics of AI, getting started with ChatGPT and voice assistants, and understanding AI's impact on privacy, creativity and ethical decision-making. Participants will also learn how to use AI tools for writing, researching, organizing etc. Each class includes a brief segment of hands-on implementation. Drawing from his teaching experience in OLLI tech courses and support roles in AI workshops, Danny Torres brings a hands-on, learner-friendly approach to the material.

Special note: Participants are encouraged to bring an internet-connected device (smartphone, tablet, or laptop) for in-class practice, with campus access via SIM or the Eduroam Wi-Fi network .

Register for this course using TouchNet as there will be a limit on attendance due to the space available in Room 20. Additional information will be provided in the weekly OLLI newsletters.

**Instructor/Coordinator:** Danny Torres

### **Cybersecurity Essentials for Seniors (New)**

**Designated Saturdays**

**Session 1 (Lecture) • 12:30 p.m.-2:30 p.m. • Mackey Auditorium/Zoom**

*September 13*

**Session 2 (Interactive lecture and workshop) • 12:30 p.m.-4:30 p.m. •**

**Shapiro ABCD**

*October 11*

**Pre-registration Required:** Watch the weekly OLLI newsletters for more information.

**Prerequisites:** Portable devices should be brought to this activity fully charged. Before attending, device(s) must be connected to the Eduroam Wi-Fi network. For those not connected, follow the CSUF-OLLI Wi-Fi Access instructions on the OLLI home page or attend OLLI Tech Help (held every Friday from 1 p.m.-3 p.m. in Room 20) for assistance.

Older adults are becoming increasingly vulnerable to cyberattacks, making them prime targets for various forms of online exploitation. In collaboration with CSUF's Orange County Cyber Innovation Clinic (OCCIC), OLLI members will learn practical skills to protect themselves and their devices (phones, tablets and computers). Specific threats such as phishing, vishing and smishing scams, financial fraud and malicious software will be discussed, and attendees will learn how to protect themselves. The interactive lecture and workshop will focus on these common cyber threats. Attendees will watch live demonstrations and participate in interactive exercises on their own

devices to help them recognize these threats. Weaknesses will be identified, and highly rated products may be recommended to strengthen the device's security. This course is taught by CSUF industry-certified CSUF students and overseen by CSUF faculty. Register for both sessions using TouchNet so that adequate support can be provided. See the weekly OLLI newsletters for more information.

**Instructors:** OCCIC Industry-Certified CSUF Students

**Coordinators:** Tom LaCasa, Roz Charles and Danny Torres

**Tech Coordinator:** Paul Herrick

### **CLECAT Club: Tech Talk**

**Alternate Mondays • 12:30 p.m.-2 p.m. • Room 21/Zoom/Stream-Rec**

*September 8, 22 • October 6, 20 • November 3, 17 • December 8*

CLECAT (Continuing Learning Experience—Computers and Technology), CLE/OLLI's longest running club, is open to all OLLI members. The focus is on a wide range of technology topics: computers, digital cameras, phones, tablets, smart home devices, electric vehicles, home networks and other ways that technology touches your life. The format will include presentations by CLECAT members with group Q&A and collections of short videos addressing issues of interest. Check the weekly OLLI newsletters for information about each class's topic.

**Instructors/Coordinators:** Rick Hearn, Susan Hanna and guest presenters

**Tech Coordinator:** Susan Hanna

### **iPhone/iPad**

**Alternate Fridays • 10 a.m.-noon • Room 21/Stream-Rec**

*September 12, 26 • October 10, 24 • November 7, 21 • December 12*

Join us to learn to better use your iPhone or iPad. Bring your iPhone and/or your iPad and we will explore their many features. In the first few classes we will go over the basics of how these devices work and how we can control them. During the remaining classes we will explore selected topics to further enhance your iPhone/iPad skills. Contact [bobnewcomb@csu.fullerton.edu](mailto:bobnewcomb@csu.fullerton.edu) for questions and to suggest topics to be discussed.

**Instructors/Coordinators:** Bob Newcomb and team



#### **Class Calendars on the OLLI Website**

- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what's happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars

# SPECIAL INTEREST GROUPS AND SOCIAL PROGRAMS

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## Bridge, Duplicate

**Every Monday • 9:15 a.m.-noon • Shapiro CD**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Intersession:** *January 5, 12, (19 no class), 26*

Duplicate bridge is the oldest continuous CLE/OLLI course. We welcome all OLLI members to join us each Monday morning for a friendly and competitive game of bridge. Please arrive a few minutes early to make sure you and your partner can find a table for North/South or East/West, whichever is your preference. If you don't have a partner, please contact one of the coordinators the week before. We will try, but can't promise, to find you a partner.

**Coordinators:** Kent Burrell and Liz Burrell

**Assistants:** Dan Coby and Jeff Graham

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## Bridge, Intermediate

**Every Friday • 8:45 a.m.-11:45 a.m. • Shapiro D**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** *January 9, 16, 23, 30*

This course is for those interested in improving their bridge game in a friendly, non-competitive atmosphere. Some knowledge of bidding and play is desirable. Come join us, learn and have fun. Play of the hand hasn't changed, but the bidding keeps evolving. We'll help you with both. Emphasis will be on American Standard Bidding conventions. During each class, a short lesson will be presented to reinforce some aspect of bridge bidding or play. You don't need a partner.

**Coordinator:** Arie Passchier

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## Bridge, Really Beginning Bridge and Supervised Play

**Every Friday • 8:30 a.m.-11:30 a.m. • Shapiro C**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** *January 9, 16, 23, 30*

This course is for those who have never played bridge or have not played bridge for many years. Learn the basic principles of modern contract bridge in a friendly, non-threatening atmosphere. The course follows the guidelines of American Standard Bidding recognized by ACBL. We not only learn bridge but have a good time. Please plan on attending as often as you can; this commitment is essential to learning bridge.

**Textbook** (optional): You might enjoy reading a beginner's book before the course starts. "Beginning Bridge" by Barbara Seagram or "Bridge Basics" by Audrey Grant are suggestions.

**Instructor/Coordinator:** Sandy Potter

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## Caring for Yourself and Others

**Every Friday • 1:30 p.m.-2:45 p.m. • Room 19**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

“Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.”—Rumi

This is a discussion course that uses self-enabling tools to help build and gain personal empowerment to fulfill your life. Caring and changing yourself will influence those around you. Topics are varied to include different aspects of the body, mind and spirit. Join in for a holistic view of life and how we can make changes to embody the health and happiness we all desire.

**Instructor/Coordinator:** Jan Friel, CCIS

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## Cooking Potpourri

**Alternate Tuesdays • 4 p.m.-5:30 p.m. • Zoom/Stream-Rec**

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

The Cooking Potpourri chefs demonstrate their knowledge of a wide variety of cuisines in themed classes. The course has expanded to include an occasional field trip. Along the way, class members and chefs share techniques, hacks and favorite kitchen appliances and gadgets. The course emphasizes right-sizing recipes for your household, seasonal ingredients and substitutes to consider food sensitivities. You’ll have some fun and enjoy cooking again! Check the weekly OLLI newsletters for information and recipes for upcoming classes.

**Instructors:** Jodi Christin, Diana Guerin, MaryLouise Hlavac, Wei-Ling Louie and Jill Patterson

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## Cribbage Club

**Every Monday • 11 a.m.-12:30 p.m. • Shapiro AB**

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Intersession:** *January 5, 12, (19 no class), 26*

Cribbage is a fun and challenging card game that provides good mental exercise and the satisfaction of continual skill development. It also offers opportunities for meeting new people and making conversation. This course will teach beginners how to play and give experienced cribbage players a chance to play.

**Instructor:** Tom Nichols    **Coordinators:** Elaine Mitchell and Pete Saputo

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### Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Vickie Hite at [white418@gmail.com](mailto:white418@gmail.com).

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## Death Café

**Every Friday • Noon-1:15 p.m. • Room 19**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

“Death is no more than passing from one room into another. But there’s a difference for me, you know. Because in that other room I shall be able to see.”  
—Helen Keller

Discussing the meaning of death was taboo from culture to culture until 2011, when an Englishman launched the first Death Café. It was not a grief group, but an opportunity to explore members’ thoughts about death and dying. OLLI’s popular Death Café is an engaging discussion group aimed at opening our minds to this taboo subject. All members are invited to select and lead topics, including humorous ones that are meaningful to them and to the class. Remember, if you come to our café, you have a say in our topic selection, so please plan on sharing your feelings and wisdom.

**Coordinators:** Jeanette Reese and Ben Hubbard    **Emeritus:** Hank Smith

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## Genealogy Research

**Designated Wednesdays • 2 p.m.-3:30 p.m. • Room 21/Zoom**

*September 10, 24 • November 19 • December 10*

**Designated Wednesdays • 2 p.m.-3:30 p.m. • Room 20**

*October 8, 22 • November 5*

Interested in finding out more about your family history? Join us in learning how to do genealogy. The focus continues to be on traditional genealogy with historical records, but may include classes on genetic genealogy. Genealogy news, events, local resources and other items of interest will also be presented. Experienced members can assist the new as we explore, discover and collaborate.

**Coordinators:** Nancy Chirco, Joann Driggers, Joanne Hardy and Bill Reilly

**Tech Coordinator:** Paul Herrick

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## Happy Hour

**Every Friday • 4 p.m.-5 p.m. • Zoom**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

Please join us for “OLLI Happy Hour,” the Zoom equivalent of an end of week happy hour featuring good conversation with interesting people to foster OLLI comradeship. At the beginning of the semester, participants may agree to cancel some Zoom dates for unofficial “physical happy hours” at local restaurants.

**Moderator:** Mike Stover

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## Introduction to Digital Photography

**Every Friday • 10 a.m.-11:30 a.m. • Zoom**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

Improve your photographs by learning to see opportunities and how to incrementally refine the shot. Capture the feeling you experienced when you saw the subject. Any camera will do; smartphones are fine. Each week, participants can share the photos they've taken on their own or for the optional photo assignments for the group to discuss successes and opportunities for improvement. We will explore using photographic techniques such as composition, exposure and depth of field for best results. We will also view instructional videos. Come learn how to take great pictures.

**Instructor:** Rick Hearn    **Coordinator:** Susan Hanna

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## Introduction to Strategies of Poker

**Every Thursday • 12:30 p.m.-3 p.m. • Shapiro ABCD**

*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

**Intersession:** *January 8, 15, 22, 29*

“Introduction to Strategies of Poker” instruction classes will be conducted for all levels of beginning poker players. Classes are taught at an easy pace by an OLLI instructor who is well-versed in the game of Texas Hold'em. Seven unique classes are taught that include the history of poker, the rules and terminology of the game, the hierarchy of poker hands, and the strategy of betting, raising and bluffing. Games will be played on special poker tables with casino-type poker chips and playing cards with larger number printing. After each lesson is taught, practice games are played with new players along with an instructor. This course is designed to help keep life fun and exciting with a chance to build new friendships and community with other OLLI members. Enjoy boosting your brain power and memory while playing a card game of skill and luck. Following the “Introduction to Strategies of Poker” class, all players are invited to continue to play in the “Strategy of Poker” class at 3:30 p.m.

**Instructors:** Dennis Wilson, Mike Lord and Karen Wilkins

**Coordinators:** Dennis Wilson, Jim Ertle and Sally Meert



### Links to Online Classes

Get links to Zoom and livestreamed classes in Class Information and Updates Newsletters or on the OLLI website at <http://olli.fullerton.edu/> (CSUF username & password required).

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## It's Not Easy Being Green (New)

**Alternate Tuesdays • 3 p.m.-4:30 p.m. • Shapiro AB**

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

Each class will focus on a case study of a proposed or completed green energy project. We will begin with a video and/or brief instructor presentation describing the project. The remainder of the class will be a group discussion of the issues and opportunities of the project from a wide variety of disciplines including underlying science, cost/benefits, “well to wheels” environmental impact (reviewing a project throughout its lifecycle), technological viability, social acceptance and political impact. Some possible topics include rooftop and grid scale solar electricity generation, household and grid scale energy storage using batteries, electrically driven cars/trucks/ships/planes and fresh water generation from desalination of seawater.

**Instructor:** Rick Hearn    **Coordinator:** Susan Hanna

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## Looking at Theology through the Lens of Mission

**Designated Mondays • 1 p.m.-2:30 p.m. • Room 21**

*September 15 • October 13, 27 • November 10*

Everybody is a theologian because we all have ideas about God, people and faith. This four-class course looks at 1) the role of Scripture in mission, 2) sin, suffering and healing in mission, 3) justice and mission, 4) freedom of religion and mission. Feel free to bring any Bible translation of your choice.

**Instructor/Coordinator:** Ted Proffitt



### Did You Know?

The Shapiro Wing was named after CLE's (now OLLI) first president, Leo Shapiro, who was not only the driving force behind the start-up of CLE, but who also tirelessly worked for eight years to lead the fundraising for and the building of the Ruby Gerontology Center.

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## **Mah-Jong Game and Strategy for You (Cantonese Version)**

**Every Friday • 3 p.m.-5 p.m. • Shapiro ABCD**

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Intersession:** *January 9, 16, 23, 30*

Mah-Jong is a game of both skill and luck that originated in China many centuries ago. It was brought to the West in the 1920s and is played with four players seated around a table. Tiles are shuffled, dice are cast, and rituals involving the allocation and then the exchange of tiles begin. The first person to gather a hand of 14 tiles with five combinations and call “Mah-Jong” ends the game, whereupon tiles are scored and a winner is declared. This course introduces the beginner to the basic rules and simple strategies. Learn to play this enjoyable, social and thought-provoking game that develops pattern recognition and improves memorization, concentration and cognitive performance. Most importantly, it’s fun!

**Instructor:** Glenn Lee    **Coordinator:** Jill Rodriguez

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## **Moses: An Unlikely Character (New)**

**Designated Wednesdays • 1 p.m.-2:30 p.m. • Zoom**

*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12*

Historical proofs for Moses’ existence and that of the Exodus have been elusive. In this course, we’ll present the improbability that Moses was a historical figure. Instead, we’ll explore Moses as an amalgam of folkloric influences and editorial strategies used to create the literary centerpiece of Israelite identity. To do so, we’ll parse (deconstruct) the Moses narrative from within, introducing its historical, linguistic (but you need not know any Hebrew) and storyboard incongruities. We’ll also address the story’s external structure to establish that a figure internal to the narrative could not have authored it. Beyond folklore, the Moses story will be offered as a wisdom tale that uses motifs standard in the ancient Near East. And we’ll investigate the ways in which the Moses story has been rewritten and repurposed to satisfy biblical and non-biblical agendas. Please pre-read the books of Exodus, Numbers and Deuteronomy. Bring a Bible (your choice, but a translation, not a summary interpretation), an open mind and a respect for others’ views.

**Instructor:** Dr. Craig Miller    **Coordinator:** Dr. Ben Hubbard

**OLLI NEEDS YOU!!!** Please contact Sue Batie (suebatie@gmail.com) or the OLLI Office if you would like to help by serving as a course coordinator or want to share your expertise by teaching a class!

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## **One God, Three Faiths: Jews, Christians and Muslims in Cooperation and Conflict (New)**

**Designated Thursdays • 10 a.m.-11:30 a.m. • Mackey Auditorium/Zoom/Stream-Rec**

*October 9, 23 • November 6, 20*

The aim is to present an objective account of how these three traditions have interacted throughout their histories. This course will analyze why relations between them have been positive in some eras and negative in others. It will help to clarify the misunderstandings and outright bigotry that have resulted in bias, hatred and persecution between them. This course will offer suggestions about how these three “children of Abraham” might improve relations, especially in America, to prevent anti-Semitism, hatred of Christians and Islamophobia.

### **Lecture 1**

*October 9*

Judaism’s emergence as the first monotheistic faith and its minority status in the Christian and Muslim worlds.

### **Lecture 2**

*October 23*

Christianity’s development as a world-wide missionary religion and its relations with Judaism and Islam.

### **Lecture 3**

*November 6*

Islam’s founding under Muhammad, rapid spread in the Arab world, and historic interactions with Jews and Christians.

### **Lecture 4**

*November 20*

The 20th-century interfaith movement, beginning with the Parliament of Religions in 1891, has enhanced cooperation, but misunderstandings and hate still exist between the faiths.

**Instructor:** Dr. Ben Hubbard    **Coordinator:** Jeanette Reese

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## **Phocus Photography Club**

**Alternate Tuesdays • 1:30 p.m.-3:30 p.m. • Room 21**

*September 16, 30 • October 14, 28 • November (11, 25 no class) • December 2*

***Pre-registration is NOT required.***

The Phocus Photography Club is a group of amateur photographers who meet to share photos, experiences and gain new knowledge about photography.

Club meetings alternate between:

- A general club meeting including club business, guest speakers and member photo sharing.
- A skills development meeting including camera handling, advanced smartphone imaging, and image processing.

The club is open to photography enthusiasts of all skill levels. Join the Phocus Photography Club where you'll meet other photographers, improve your photographic skills and get more from your photography.

**Contact:** Don Lueder, 562-547-8195 or [don.lueder@csu.fullerton.edu](mailto:don.lueder@csu.fullerton.edu)

**Coordinators:** Bob Caswell, Mary Crouch, Darryl Dearborn, Jim DiTota, Diana Guerin, Rick Hearn, Kathleen Isenberg, Donna Judd, Don Lueder and John Price

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## Sports Talk

**Alternate Wednesdays • 1 p.m.-3 p.m. • Room 21/Zoom**

*September 17 • October 1, 15, 29 • November 12, (26 no class) • December 3*

Discussing the world of sports is our game. In this course, we cover current events as well as other subjects of interest to sports fans. We are kind of like sports-talk radio but without the ranting and raving. Join us as we debate such topics as drug use in sports, famous athletes in the news, the latest trade talks of our local teams, performance of United States national teams and any variety of other sports topics. In this course, we learn, debate, and discuss and reminisce. Above all, we have fun and share a great camaraderie that new members will embrace. So feel free to join us in the fun!

**Coordinator:** Carl Richards

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## Strategy of Poker

**Every Thursday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD**

*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

**Intersession:** *January 8, 15, 22, 29*

The Strategy of Poker class has been designed to help keep this stage of our lives socially fun and exciting by building new friendships and communities with fellow OLLI members. Playing OLLI poker helps boost your brain power and memory while strengthening your focus and patience. We play 8 to 12 Texas Hold'em tables and 1 to 3 Dealers Choice tables each week. There is no gambling at OLLI poker and we keep the games fun and exciting by playing for a weekly prize at each table. We welcome men and women of all levels of poker skills. Those new to poker as well as seasoned players are always encouraged to stop by and join in a friendly game! Remember, OLLI Poker is where everyone knows your name, just like "Cheers."

**Instructor/Coordinator:** Dennis Wilson

# OLLI EVENTS

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## Fall Open House (Open to the Public)

**Saturday, August 9 • 9 a.m.-noon • Ruby Gerontology Center**

OLLI-CSUF invites all members and friends to join us for our annual Open House celebration for the fall semester. This in-person event will introduce OLLI to your friends and relatives who are retired or contemplating retirement. Invite them to join you at our Fall Open House, visit with our program instructors and coordinators, meet our many volunteers and learn about the 2025-2026 new and continuing programs. The Fall Open House presentation will provide information about parking rules, class attendance options (in-person, online or hybrid) and membership benefits. Following the presentation, light refreshments will be served. If you have any questions, please contact us by email at [olli.membership@gmail.com](mailto:olli.membership@gmail.com) or phone 657-278-4012. Additional information will be sent out through the OLLI website and weekly OLLI newsletters. We are looking forward to seeing you there!

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## Coordinators and Instructors Training Workshop

**Tuesday, August 26 • 10:30 a.m.-11:30 a.m. • Shapiro ABCD**

**Wednesday, August 27 • 1:30 p.m.-2:30 p.m. • Shapiro ABCD**

**Wednesday, September 3 • 1:30 p.m. -2:30 p.m. • Shapiro ABCD**

**Thursday, September 4 • 10:30 a.m.-11:30 a.m. • Shapiro ABCD**

The University requires training of all coordinators and member instructors. OLLI coordinators and instructors are formally registered as volunteers of the University and as such must act responsibly and in accord with university policies in carrying out their duties. The “Coordinators and Instructors Training Workshop” will review safety and reporting procedures, campus sexual harassment policies and other CSUF policies relevant to a registered volunteer. Additional information about kitchen duties, room setup and technology training will also be available at this workshop. On-campus training will be required for coordinators/instructors with less than two years as an instructor or coordinator. Coordinators/Instructors with two years or greater may take the online training which includes completion of the attestation paperwork.

**Instructor:** Daisy Thomas, Executive Director

**Coordinator:** Vice President Programs

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## Estate Planning and Charitable Giving (Open to the Public)

### Estate Planning Musts: Wills, Trusts, and Creating Peace of Mind! Designated Dates • Noon-1 p.m. • Webinar

*Dates: September 11 • October 17 • November 13*

Registration required: Watch for registration procedures in the weekly OLLI newsletters.

Grab your lunch, pull up a chair and please plan to join us for this information session on estate planning. Each webinar covers the basics of estate planning in California so plan to attend the one that is most convenient to your schedule. Estate planning is something each of us can do to ensure that our values, ideals, and charitable goals are part of our legacy. No one wants to think about getting seriously ill or dying, but these are scenarios we must prepare for to protect ourselves, our loved ones, and our money. We will show you step-by-step how to legally formalize your wishes and ensure they will be followed, bringing you total protection and peace of mind! Our estate planning workshops are provided by the Meier Law Firm (<https://www.meierfirm.com/>). Should you have any questions, please reach out to Hart Roussel at [csufplannedgift@fullerton.edu](mailto:csufplannedgift@fullerton.edu).

**Presenter:** Laura Meier, Esq.

**Coordinators:** Hart Roussel, CSUF Director, Planned Giving, and Fran Colwell, OLLI

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## New Member Orientation

### Friday, September 5 • 2 p.m.-3:30 p.m. • Shapiro ABCD/Zoom

New OLLI members are invited to attend an orientation session to learn how to maximize their experience at OLLI-CSUF. Meet with members of the OLLI Board of Trustees and existing members, as well as other new members. Learn about the many benefits of membership and how to access them to enhance your experience at OLLI and on the CSUF campus. This is the time to have your questions in hand! Learn of our many volunteer opportunities that allow you to contribute to this great organization and also interact with the CSUF student population. The in-person presentation will be followed by refreshments.



### Suggestion Box

We want your ideas, suggestions and solutions. Just drop a note in the box in the Shapiro Lobby, or email Vickie Hite at [vwhite418@gmail.com](mailto:vwhite418@gmail.com).

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## **OLLI Today and Tomorrow Forum**

**Designated Mondays • Noon-1 p.m. • Room 8/Zoom**

*September 15 • October 13 • November 17*

**Intersession:** *January 12*

OLLI members are invited to discuss OLLI issues and concerns as we move our organization into the future. The need to embrace technology to assist our members and our office team will be among the issues discussed. Keeping OLLI as a University-affiliated organization that stresses lifelong learning, healthful living and robust social engagement opportunities will be emphasized.

**Moderator:** Vickie Hite    **Tech Coordinator:** Paul Herrick

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## **OLLI Welcoming Social**

**Saturday, September 20 • 2 p.m.-4 p.m. • Shapiro ABCD**

Join us for an afternoon filled with fun, music, refreshments and, above all, a chance to meet new members as well as your OLLI friends. Light refreshments will be served. Help us celebrate the new academic year together! Further information about this event will be posted in the Shapiro Wing and sent through the weekly OLLI newsletters and other email publications.

**Hosted by:** Vice President Membership

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## **“Hats Off to Fall” BBQ Luncheon**

**Saturday, October 18 • Noon-3 p.m. • Shapiro ABCD and OLLI Courtyard**

You’re invited to our “Hats Off to Fall” BBQ luncheon on October 18. Come enjoy great food and festive fun and celebrate the season with friends as we welcome autumn together. Reservations are required and payments will be made through TouchNet. Details for this event will be publicized through our OLLI website, weekly OLLI newsletters and ChroniCLE.

**Hosted by:** Hospitality Committee

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## **OLLI Holiday Luncheon: “Magic of Holiday Spirit”**

**Wednesday, December 10 • 11 a.m.-2 p.m. • Alta Vista Country Club**

Join us for the “Magic of Holiday Spirit” Luncheon on December 10. Enjoy festive entertainment, delicious food and a chance to win fabulous raffle baskets. Celebrate the season with us. Reservations are required and payments will be made through TouchNet. Details of this annual event will be publicized through our OLLI website, weekly OLLI newsletters and ChroniCLE.

**Hosted by:** Hospitality Committee

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# COMMITTEE MEETINGS

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## Board of Trustees

**Second Thursday of the Month • 8:30 a.m.-10 a.m. • Room 8/Zoom**

*August 14 • September 11 • October 9 • November 13 • December 11 • January 8*

The OLLI Board of Trustees invites OLLI members to attend its monthly board meetings and learn more about OLLI business and its self-directing deliberations. Members wishing to speak on non-agenda board items are advised to notify the president and/or administrative manager in writing (including a brief description of the subject to be addressed) at least one week in advance of the meeting. Up to three minutes per speaker may be allocated within the board meeting agenda. Members are also invited to participate in the “OLLI Today and Tomorrow Forum” held monthly to elicit member feedback and suggestions on recent or suggested OLLI Board proposals or OLLI issues.

**Chair:** Vickie Hite

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## Collaboration Committee

**Designated Mondays • 10 a.m.-11:30 a.m. • Zoom**

*August 25 • December 1*

The OLLI-CSUF Collaboration Program offers OLLI members opportunities to share their knowledge and experience, thereby contributing to the success of CSUF students. It is a vital component of OLLI’s interaction with the Cal State University, Fullerton campus. Join us to learn about our activities and plans. Information about the OLLI-CSUF Collaboration Program can be found in the weekly OLLI newsletters and on the OLLI website at <https://tinyurl.com/OLLICSUF-Collaborations> or contact the Collaboration Committee Chair ([smullaly@csu.fullerton.edu](mailto:smullaly@csu.fullerton.edu)) for more information.

**Chair:** Sue Mullaly

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## Collaboration Team Meetings for Volunteers

**Designated Mondays • 10 a.m.-11:30 a.m. • Zoom**

*September 22 • October 20 • November 17*

The OLLI-CSUF “Collaboration Team Meeting for Volunteers” is held monthly. We invite OLLI Members to visit these meetings to get acquainted with other volunteers, learn about upcoming opportunities to work with the CSUF students, participate in discussions and presentations on topics such as mentoring and campus resources and share best practices. Learn how you can share your time and talent! For more information, contact Sue Mullaly at [smullaly@csu.fullerton.edu](mailto:smullaly@csu.fullerton.edu). To be contacted directly, go to <https://bit.ly/4iVNvkv>

**Chair:** Sue Mullaly

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## Curriculum Committee

**First Monday of the Month • 3:30 p.m.-5 p.m. • Room 8/Zoom**  
*September 8\* • October 6 • November 3 • December 1 • January 5 •  
February 2*

The Curriculum Committee meets to review and make a determination of potential future courses. It is open to all OLLI members and consists of members designated by the committee chair and the Vice President Programs. Bring ideas for OLLI courses or activities to these meetings! Better still, if any member would like to offer a course or knows of potential presenters, please attend these meetings to ensure that OLLI's programs are the best they can be. Course proposal forms can be downloaded from the OLLI website at: <http://olli.fullerton.edu/resources/pdfs/CourseProposalForm.pdf>.

\*Meeting held on the second Monday due to the holiday

**Co-Chairs:** Renee Cabrera and Sue Batic

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## Hospitality/Social Committee

**First Friday of the Month • 10:30 a.m.-noon • Room 8**  
*September 12\* • October 3 • November 7 • December 5 • January 9\**

The OLLI Hospitality Committee facilitates and promotes social interactions that give OLLI members opportunities for sharing their personal backgrounds and areas of knowledge outside the classroom. The committee supports the OLLI business meetings with refreshments and hosts fun-themed events, usually including a dinner or luncheon, either on or off campus. The committee is open to all members who enjoy helping others to enhance the OLLI experience and provide social outlets; the only talent needed is to be fun-loving.

\*Meeting held on second Friday due to campus closures

**Vice President Hospitality:** Lisa Sewell    **Chair:** Lisa Sewell

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## Technology Education Committee (TEC)

**Wednesday, November 5 • 4 p.m.-5 p.m. • Zoom**

The Technology Education Committee is dedicated to helping OLLI members make the best use of the ever-increasing technology now ubiquitous in our daily lives. We invite your participation in enriching our current and future curricula, especially if you would like to share your expertise and teach a course or workshop, contribute to a seminar or help to shape the technical education curriculum. The TEC welcomes member insights and expertise. Join these meetings! For more information, contact Roz Charles at [rozann66@gmail.com](mailto:rozann66@gmail.com)

**Chair:** Roz Charles

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## Transitions in Retirement (TiR) Committee

**Monday, September 15 • 3:30 p.m.-5 p.m. • Zoom**

The TiR Committee focuses on developing programs and activities for OLLI members who are still working part-time or are recently retired. This committee is anticipating a significant number of new retirees who have a different outlook on retirement than that of previous generations.

**Chair:** Russ MacKeand

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## Trips Committee

**Second Wednesday of the Month • 11:30 a.m.-1:30 p.m. • Zoom**

*August 13 • September 10 • October 8 • November 12 • December 10 • January 14*

The OLLI Trips Committee plans and coordinates trips of educational interest to OLLI members to locations off the CSUF campus. These trips are OLLI special events and are subject to the Special Events Registration Policy section located elsewhere in this catalog. Trips are either day trips or overnight trips. Some recent or planned day trips include the LA Japanese-American Museum, LAX Airport Operations and Dana Point Whale Watching Cruise. Some recent or planned overnight trips include Palm Springs/ Joshua Tree, Alaska Cruise and Land Tour and LA–Puerto Vallarta Cruise. Members are notified of upcoming trips via the ChroniCLE, the weekly OLLI newsletters and the OLLI bulletin boards. Join our committee meetings and share ideas and interests for day and overnight trips that would be a learning experience for OLLI members. Ken Luke chairs this committee and is always interested in learning of new trips and interests.

**Chair:** Ken Luke



### OLLI is on Facebook and Instagram

Follow activities at OLLI-CSUF:

[www.facebook.com/OLLICalStateFullerton](http://www.facebook.com/OLLICalStateFullerton)



[www.instagram.com/ollicsuf](http://www.instagram.com/ollicsuf)

# Day of the Week Index

**Important: Watch the weekly OLLI newsletters and check the calendar on the OLLI website or the Shapiro lobby display to see if there have been any cancellations or changes in the meeting dates, times or classrooms/venues.**

To locate class and event meeting locations, see the maps of the Ruby Gerontology Center and campus at the end of this index.

Class meeting dates when classes will not meet due to holidays or other reasons are shown as “(3 no class),” “3” being the meeting date.

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## Mondays

**Tai Chi** • Every Monday • 9 a.m.-10 a.m. • Room 18

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

*Intersession: January 5, 12, (19 no class), 26*

**Bridge, Duplicate** • Every Monday • 9:15 a.m.-noon • Shapiro CD

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

*Intersession: January 5, 12, (19 no class), 26*

**Collaboration Committee** • Quarterly on Designated Mondays • 10 a.m.-11:30 a.m. • Zoom

*August 25 • December 1*

**Collaboration Team Meetings for Volunteers** • Designated Mondays • 10 a.m.-11:30 a.m. • Zoom

*September 22 • October 20 • November 17*

**Great Books** • Alternate Mondays • 10 a.m.-noon • Room 21

*September 8, 22 • October 6, 20 • November 3, 17 • December 8*

**Short Stories** • Alternate Mondays • 10 a.m.-noon • Room 21

*September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1*

**Women Writers' Workshop: Fiction Writing with Prompts** •

Every Monday • 10 a.m.-noon • Room 9

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

*Intersession: January 5, 12, (19 no class), 26*

**Advanced Beginning Violin** • Every Monday • 11 a.m.-noon • Room 18

*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Cribbage Club** • Every Monday • 11 a.m.-12:30 p.m. • Shapiro AB  
*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*  
*Intersession: January 5, 12, (19 no class), 26*

**OLLI Today and Tomorrow Forum** • Designated Mondays • Noon-1 p.m. • Room 8/Zoom  
*September 15 • October 13 • November 17*  
*Intersession: January 12*

**Kitty's Book Club** • Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom  
*September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1*

**Mystery Book Club** • Alternate Mondays • 12:15 p.m.-2 p.m. • Zoom  
*September 8, 22 • October 6, 20 • November 3, 17 • December 8*

**CLECAT Club: Tech Talk** • Alternate Mondays • 12:30 p.m.-2 p.m. • Room 21/Zoom/Stream-Rec  
*September 8, 22 • October 6, 20 • November 3, 17 • December 8*

**Introduction to Watercolor Painting** • Alternate Mondays • 1 p.m.-3:15 p.m. • Shapiro AB  
*September 8, 22 • October 6, 20 • November 3, 17 • December 8*  
*Intersession: January 5, (19 no class)*

**Looking at Theology through the Lens of Mission** • Designated Mondays • 1 p.m.-2:30 p.m. • Room 21  
*September 15 • October 13, 27 • November 10*

**Exploratory Discussion Group** • Every Monday • 1:15 p.m.-3:15 p.m. • Shapiro CD/Zoom  
*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Spanish 4** • Every Monday • 1:15 p.m.-3:15 p.m. • Room 9  
*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Ukulele: Beginner 1** • Every Monday • 2 p.m.-3:30 p.m. • Room 18  
*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*  
*Intersession: January 5, 12, (19 no class), 26*

**Yoga for the Rest of Us** • Every Monday • 2 p.m.-3:30 p.m. • KHS 202  
*September 8, 15, (22, 29 no class) • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*  
*Intersession: January 5, 12, (19 no class), 26*

**World War II: What Happened? Why?** • Alternate Mondays • 2:15 p.m.-3:45 p.m. • Room 21  
*September 8, 22 • October 6, 20 • November 3, 17 • December 8*

**Wisdom and Wellness (formerly Finding More Wisdom and Joy in Retirement)** • Alternate Mondays • 2:45 p.m.-4:15 p.m. • Room 21  
*September 15, 29 • October 13, 27 • November 10, (24 no class) • December 1*

**Curriculum Committee** • First Monday of the Month • 3:30 p.m.-5 p.m. • Room 8/Zoom  
*September 8\* • October 6 • November 3 • December 1 • January 5 • February 2*  
*\*Meeting held on the second Monday due to the holiday*

**Piano Keyboard: Intro** • Designated Mondays • 3:30 p.m.-5 p.m. • Shapiro AB  
*September 8, 15, 22, 29 • October (6 no class) 13, 20, 27 • November (3 no class), 10, 17, (24 no class) • December (1 no class), 8*  
*Intersession: January (5 no class), 12, (19 no class), 26*

**Transitions in Retirement (TiR) Committee** • Monday, September 15  
3:30 p.m.-4:30 p.m. • Zoom

**Ukulele: Symposium** • Every Monday • 3:30 p.m.-5 p.m. • Shapiro CD  
*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*  
*Intersession: January 5, 12, (19 no class), 26*

**Meditation for Everyday Life** • Every Monday • 3:45 p.m.-5 p.m. • Room 18/Zoom  
*September 8, 15, (22, 29 no class) • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*  
*Intersession: January 5, 12, (19 no class), 26*

**Piano Keyboard: Improve Your Ability to Play and Improvise** • Every Monday • 5:15 p.m.-6:30 p.m. • Zoom  
*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

**Art House Cinema** • Every Monday • 5:45 p.m.-8 p.m. • Shapiro CD  
*September 8, 15, 22, 29 • October 6, 13, 20, 27 • November 3, 10, 17, (24 no class) • December 1, 8*

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## Tuesdays

**Ceramics** • Every Tuesday • 9 a.m.-11:30 a.m. • Shapiro ABCD

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

*Intersession: January 6, 13, 20, 27*

**Life Story Workshop** • Alternate Tuesdays • 9 a.m.-noon • Zoom

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

**ABC's of Medicare** • Designated Tuesdays • 10 a.m.-noon • Zoom

*Intersession: January 13, 20, 27*

**French 1** • Every Tuesday • 10 a.m.-11:45 a.m. • Room 21

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

**American Magazine: News, Politics, Economics, Law** • Designated Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/Stream-Rec

*September 30 • October 28*

*Intersession: January 13*

**Eclectics** • Alternate Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Stream-Rec

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

**Trump Presidency** • Designated Tuesdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/Stream-Rec

*September 16 • October 14 • December 2*

*Intersession: January 27*

**Coordinators and Instructors Training Workshop** • Tuesday, August 26 • 10:30 a.m.-11:30 a.m. • Shapiro ABCD

*Also meets on Wednesdays and Thursdays*

**German 1** • Every Tuesday • 10:30 a.m.-noon • Room 9

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

*Intersession: January 6, 13, 20, 27*

**History of Broadway (Open to the Public)** • Alternate Tuesdays • Noon-2 p.m. • Mackey Auditorium/Zoom

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

**Social Science in the News** • Alternate Tuesdays • Noon-1:30 p.m. • Shapiro CD

*September 16, 30 • October 14, 28 • November (11, 25 no class) • December 2*

**Gender, Sex and Society** • Alternate Tuesdays • 12:15 p.m.-2:15 p.m. • Room 21

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

**Italian Renaissance and Beyond: Venice (New)** • Alternate Tuesdays • 12:15 p.m.-1:45 p.m. • Mackey Auditorium/Zoom/Stream-Rec

*September 16, 30 • October 14, 28 • November (11, 25 no class) • December 2*

**Kick Starting Your Writing** • Every Tuesday • 12:15 p.m.-2:15 p.m. • Room 9

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

*Intersession: January 6, 13, 20, 27*

**German 2** • Every Tuesday • 12:30 p.m.-2:30 p.m. • Shapiro AB/Zoom

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

**Phocus Photography Club** • Alternate Tuesdays • 1:30 p.m.-3:30 p.m. • Room 21

*September 16, 30 • October 14, 28 • November (11, 25 no class) • December 2*

**Strings and Things Music Jam** • Every Tuesday • 1:45 p.m.-3:15 p.m. • Room 18

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

*Intersession: January 6, 13, 20, 27*

**OLLI Flash Mob** • Every Tuesday • 2 p.m.-4 p.m. • KHS 203

*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class), 18, (25 no class) • December 2, 9*

*Intersession: January 6, 13, 20, 27*

**CSUF Faculty/Student Performances/Presentations (Open to the Public)** • Alternate Tuesdays • 2:15 p.m.-3:45 p.m. • Mackey Auditorium/Zoom

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

**It's Not Easy Being Green (New)** • Alternate Tuesdays • 3 p.m.-4:30 p.m. • Shapiro AB

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

**Personal Finance and Retirement** • Designated Tuesdays • 3:15 p.m.-4:30 p.m. • Shapiro CD

*September 16, 23, 30 • October 7, 14, 21*

**Cooking Potpourri** • Alternate Tuesdays • 4 p.m.-5:30 p.m. • Zoom/Stream-Rec

*September 9, 23 • October 7, 21 • November 4, 18 • December 9*

**Concert Band** • Every Tuesday • 5:15 p.m.-7 p.m. • Shapiro ABCD  
*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class),  
18, (25 no class) • December 2, 9*  
*Intersession: January 6, 13, 20, 27*

**Jazz Band** • Every Tuesday • 7 p.m.-8:30 p.m. • Shapiro ABCD  
*September 9, 16, 23, 30 • October 7, 14, 21, 28 • November 4, (11 no class),  
18, (25 no class) • December 2, 9*  
*Intersession: January 6, 13, 20, 27*

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## Wednesdays

**Longevity Stick Exercises** • Every Wednesday • 8:30 a.m.-9:30 a.m. • Zoom  
*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*  
*Intersession: January 7, 14, 21, 28*

**Tap-ercise** • Every Wednesday • 9 a.m.-10 a.m. • Zoom  
*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*  
*Intersession: January 7, 14, 21, 28*  
*Also meets every Friday.*

**Drawing for the Fun of it** • Every Wednesday • 10 a.m.-noon • Shapiro ABCD/Zoom/Stream-Rec  
*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*  
*Intersession: January 7, 14, 21, 28*

**French 3** • Every Wednesday • 10 a.m.-noon • Zoom  
*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*

**Spanish 3** • Every Wednesday • 10 a.m.-11:30 a.m. • Room 21  
*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*

**What's Behind the News?** • Alternate Wednesdays • 10 a.m.-noon • Zoom  
*September 10, 24 • October 8, 22 • November 5, 19 • December 10*

**Wisdom Exchange** • Alternate Wednesdays • 10 a.m.-noon • Room 9/Zoom  
*September 17 • October 1, 15, 29 • November 12, (26 no class) • December 3*

**OLLI Holiday Luncheon: "Magic of Holiday Spirit"** • Wednesday, December 10 • 11 a.m.-2 p.m. • Alta Vista Country Club

**Trips Committee** • Second Wednesday of the Month • 11:30 a.m.-1:30 p.m.  
• Zoom

*August 13 • September 10 • October 8 • November 12 • December 10*  
*Intersession: January 14*

**Navigating Cancer: A Survivor's Perspective** • Every Wednesday •  
11:45 a.m.-12:45 p.m. • Room 21/Zoom

*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no  
class) • December 3, 10*

**TED Talks** • Alternate Wednesdays • 12:15 p.m.-1:45 p.m. • Room 9/Zoom  
*September 10, 24 • October 8, 22 • November 5, 19 • December 10*

**Moses: An Unlikely Character (New)** • Designated Wednesdays • 1 p.m.-  
2:30 p.m. • Zoom

*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12*

**Sports Talk** • Alternate Wednesdays • 1 p.m.-3 p.m. • Room 21/Zoom

*September 17 • October 1, 15, 29 • November 12, (26 no class) • December 3*

**Warren Buffett's Investment Methodology** • Designated Wednesdays •  
1 p.m.-3 p.m. • Room 21

*October 8, 22 • November 5*

**Watercolor Workshop** • Every Wednesday • 1 p.m.-3:15 p.m. • Shapiro  
ABCD/Zoom/Stream-Rec

*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no  
class) • December 3, 10*

*Intersession: January 7, 14, 21, 28*

**Coordinators and Instructors Training** • Designated Wednesdays •  
1:30 p.m.-2:30 p.m. • Shapiro ABCD

*August 27 • September 3*

*Also meets on Tuesdays and Thursdays.*

**Genealogy Research** • Designated Wednesdays • 2 p.m.-3:30 p.m.

*September 10, 24 • November 19 • December 10 • Room 21/Zoom*

*October 8, 22 • November 5 • Room 20*

**Line Dancing: Advanced Beginners/Intermediate** • Alternate  
Wednesdays • 3:30 p.m.-5 p.m. • Shapiro ABCD

*September 17 • October 1, 15, 29 • November 12, (26 no class) • December 3*

*Intersession: January 14, 28*

**Line Dancing: Beginner's Level** • Alternate Wednesdays • 3:30 p.m.-  
5 p.m. • Shapiro ABCD

*September 10, 24 • October 8, 22 • November 5, 19 • December 10*

*Intersession: January 7, 21*

**Classical Guitar: Ensemble** • Every Wednesday • 4 p.m.-6 p.m. • Room 18  
*September 10, 17, 24 • October 1, 8, 15, 22, 29 • November 5, 12, 19, (26 no class) • December 3, 10*  
*Intersession: January 7, 14, 21, 28*

**Technology Education Committee (TEC)** • Wednesday, November 5 •  
4 p.m.-5 p.m. • Zoom

**Medical Series (Open to the Public)** • Alternate Wednesdays • 7 p.m.-  
9 p.m. • Zoom  
*September 17 • October 1, 15, 29 • November 12, (26 no class) • December 3*

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## Thursdays

**Board of Trustees** • Second Thursday of the Month • 8:30 a.m.-10 a.m. •  
Room 8/Zoom  
*August 14 • September 11 • October 9 • November 13 • December 11*  
*Intersession: January 8*

**Drama, Improv & Storytelling** • Every Thursday • 8:30 a.m.-9:45 a.m. •  
Shapiro CD  
*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

**Artificial Intelligence (AI) Basics for the Curious (New)** • Alternate  
Thursdays • 10 a.m.-noon • Room 20  
*September 18 • October 2, 16, 30 • November (13, 27 no class) • December 4*

**News: Up Close and Personal** • Alternate Thursdays • 10 a.m.-11:30 a.m. •  
Shapiro CD  
*September 11, 25 • October 9, 23 • November 6, 20 • December 11*  
*Intersession: January 8, 22*

**One God, Three Faiths: Jews, Christians and Muslims in  
Cooperation and Conflict (New)** • Designated Thursdays • 10 a.m.-  
11:30 a.m. • Mackey Auditorium/Zoom/Stream-Rec  
*October 9, 23 • November 6, 20*

**Shakespeare Aloud** • Alternate Thursdays • 10 a.m.-noon • Room 9  
*September 18 • October 2, 16, 30 • November 13, (27 no class) • December 4*  
*Intersession: January 15, 29*

**Spanish Conversation (New)** • Alternate Thursdays • 10 a.m.-11:45 a.m. •  
Room 9  
*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

**Spanish 1** • Every Thursday • 10 a.m.-11:30 a.m. • Shapiro AB  
*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, (13 no class),  
20, (27 no class) • December 4, 11*

**String Ensemble** • Every Thursday • 10 a.m.-noon • Room 18  
*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

**Stuff! A Life Cycle (How we interact with our physical world)** • Alternate Thursdays • 10:15 a.m.-11:45 a.m. • Mackey Auditorium/Zoom/Stream-Rec  
*September 18 • October 2, 16, 30 • November 13, (27 no class) • December 4*  
*Intersession: January 15, 29*

**Coordinators and Instructors Training** • Thursday, September 4 • 10:30 a.m.-11:30 a.m. • Shapiro ABCD  
*Also meets on Tuesdays and Wednesdays*

**Noontime Student Piano Performances** • Alternate Thursdays • Noon-12:30 p.m. • Mackey Auditorium/Zoom  
*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

**Orange County Grand Jury in Action (Open to the Public)** • Thursday, October 2 • Noon-2 p.m. • Mackey Auditorium/Zoom/Stream-Rec

**Poetry for Pleasure** • Every Thursday • Noon-1:45 p.m. • Room 21/Zoom  
*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

**The New Yorker Magazine Discussion Group** • Alternate Thursdays • Noon-2 p.m. • Room 9/Zoom  
*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

**Introduction to Strategies of Poker** • Every Thursday • 12:30 p.m.-3 p.m. • Shapiro ABCD  
*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*  
*Intersession: January 8, 15, 22, 29*

**Science for You: Dinosaurs** • Every Thursday • 12:45 p.m.-2:15 p.m. • Mackey Auditorium/Zoom/Stream-Rec  
*September 11, 18, 25 • October (2 no class), 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*

**Publish Before You Perish** • Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom  
*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

**Write Now!** • Alternate Thursdays • 2 p.m.-3:45 p.m. • Room 21/Zoom  
*September 18 • October 2, 16, 30 • November 13, (27 no class) • December 4*

**Archaeology** • Designated Thursdays • 2:30 p.m.-3:45 p.m. • Mackey Auditorium/Stream-Rec  
*September 18, October 16, December 4*

**Boundaries of Science: Exploring Current Developments** • Alternate Thursdays • 2:30 p.m.-3:45 p.m. • Mackey Auditorium/Zoom  
*September 11, 25 • October 9, 23 • November 6, 20 • December (11 no class)*

**Learn to Play Guitar** • Every Thursday • 3:30 p.m.-4:30 p.m. • Room 18  
*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*  
*Intersession: January 8, 15, 22, 29*

**Strategy of Poker** • Every Thursday • 3:30 p.m.-5:30 p.m. • Shapiro ABCD  
*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*  
*Intersession: January 8, 15, 22, 29*

**Graphic Novels, Comics and More!** • Alternate Thursdays • 4 p.m.-5:30 p.m. • Zoom  
*September 11, 25 • October 9, 23 • November 6, 20 • December 11*

**Writing with Feedback** • Every Thursday • 4 p.m.-6 p.m. • Room 21/Zoom  
*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*  
*Intersession: January 8, 15, 22, 29*

**Learn to Play Classical Guitar** • Every Thursday • 4:30 p.m.-5:30 p.m. • Room 18  
*September 11, 18, 25 • October 2, 9, 16, 23, 30 • November 6, 13, 20, (27 no class) • December 4, 11*  
*Intersession: January 8, 15, 22, 29*

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## Fridays

**Bridge, Really Beginning Bridge and Supervised Play** • Every Friday • 8:30 a.m.-11:30 a.m. • Shapiro C  
*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*  
*Intersession: January 9, 16, 23, 30*

**Tap Dancing: Advanced** • Every Friday • 8:30 a.m.-9:50 a.m. • KHS 202  
*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*  
*Intersession: January 9, 16, 23, 30*

**Bridge, Intermediate** • Every Friday • 8:45 a.m.-11:45 a.m. • Shapiro D  
*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*  
*Intersession: January 9, 16, 23, 30*

**Critics' Choice: The Movies** • Every Friday • 9:15 a.m.-11:45 a.m. • Shapiro AB  
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12  
Intersession: January 9, 16, 23, 30

**Introduction to Digital Photography** • Every Friday • 10 a.m.-11:30 a.m. • Zoom  
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12

**iPhone/iPad** • Alternate Fridays • 10 a.m.-noon • Room 21/Stream-Rec  
September 12, 26 • October 10, 24 • November 7, 21 • December 12

**Tap Dancing: Beginning** • Every Friday • 10 a.m.-11 a.m. • KHS 202  
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12  
Intersession: January 9, 16, 23, 30

**American Sign Language For All Ages** • Every Friday • 10:15 a.m.-11:45 a.m. • Room 19  
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12  
Intersession: January 9, 16, 23, 30

**Hospitality/Social Committee** • First Friday of the Month • 10:30 a.m.-noon • Room 8  
September 12\* • October 3 • November 7 • December 5  
Intersession: January 9\*  
\*Meeting held on second Friday due to campus closures

**Line Dancing Workshop: Beginners/Intermediate** • Every Friday • 11 a.m.-Noon • Room 18  
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12  
Intersession: January 9, 16, 23, 30

**"Genreflections" Book Club** • Alternate Fridays • 11:30 a.m.-1 p.m. • Zoom  
September 19 • October 3, 17, 31 • November 14, (28 no class) • December 5

**Death Café** • Every Friday • Noon-1:15 p.m. • Room 19  
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12

**Crescendo Chorale** • Every Friday • 12:30 p.m.-2:30 p.m. • Shapiro ABCD  
September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12  
Intersession: January 9, 16, 23, 30

**Learn to Play Recorder (New)** • Every Friday • 1 p.m.-2:30 p.m. • Room 18

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

*Intersession: January 9, 16, 23, 30*

**Musical Performances/Presentations/Rehearsals** • Designated Fridays • 1 p.m.-8 p.m. • Mackey Auditorium/Zoom/Stream-Rec

*Dates: TBD*

**OLLI Tech Help** • Every Friday • 1 p.m.-3 p.m. • Room 20/Zoom

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

*Intersession: January 9, 16, 23, 30 (by appointment only)*

**Tap-ercise** • Every Friday • 1 p.m.-2 p.m. • KHS 202/Zoom

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

*Intersession: January 9, 16, 23, 30*

*Also meets every Wednesday.*

**Great Decisions** • Designated Fridays • 1:15 p.m.-3:15 p.m. • Room 21/Zoom

*September 19 • October 17 • November 14 • December 5*

**Caring for Yourself and Others** • Every Friday • 1:30 p.m.-2:45 p.m. • Room 19

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Shelf-Aware: Banned/Challenged Books (New)** • Alternate Fridays • 1:30 p.m.-2:20 p.m. • Zoom

*September 19 • October 3, 17, 31 • November 14, (28 no class) • December 5*

**New Member Orientation** • Friday, September 5 • 2 p.m.-3:30 p.m. • Shapiro ABCD/Zoom

**Mah-Jong Game and Strategy for You (Cantonese Version)** • Every Friday • 3 p.m.-5 p.m. • Shapiro ABCD

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

*Intersession: January 9, 16, 23, 30*

**Happy Hour** • Every Friday • 4 p.m.-5 p.m. • Zoom

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

**Tennis** • Every Friday • 4 p.m.-dark • CSUF Tennis Courts

*September 12, 19, 26 • October 3, 10, 17, 24, 31 • November 7, 14, 21, (28 no class) • December 5, 12*

*Intersession: January 9, 16, 23, 30*

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## Saturdays

**Fall Open House (Open to the Public)** • Saturday, August 9 •  
9 a.m.-noon • Ruby Gerontology Center

**Transitions in Retirement Essentials (Open to the Public)** •  
Designated Saturdays • 9:30 a.m.-11:30 a.m. • Shapiro ABCD/  
Zoom/Stream-Rec  
*September 13, 20, 27 • October 4, 11, 18, 25 • November 1*

**“Hats Off to Fall” BBQ Luncheon** • Saturday, October 18 • Noon-  
3 p.m. • Shapiro ABCD and OLLI Courtyard

**Cybersecurity Essentials for Seniors (New)** • Designated Saturdays •  
12:30 p.m.-2:30 p.m.  
*September 13* • Mackey Auditorium/Zoom  
*October 11* • 12:30 p.m.-4:30 p.m. • Shapiro ABCD

**OLLI Welcoming Social** • Saturday, September 20 • 2 p.m.-4 p.m. •  
Shapiro ABCD

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## Other

**Estate Planning and Charitable Giving (Open to the Public)**  
Estate Planning Musts: Wills, Trusts, and Creating Peace of Mind!  
Designated Dates • Noon-1 p.m. • Webinar  
*September 11 • October 17. • November 13*

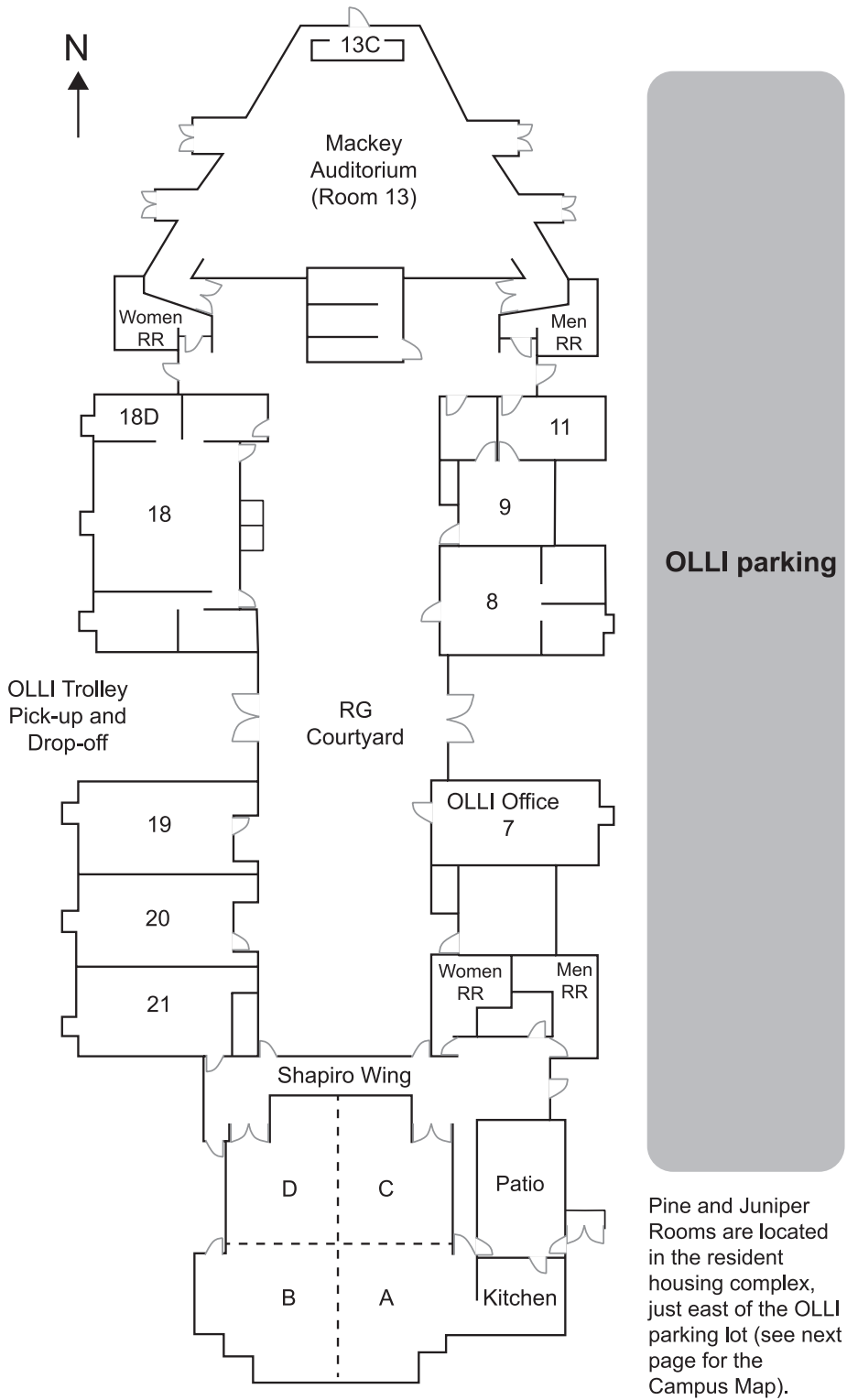
**Musical Performances** • Designated Dates and Times • Mackey  
Auditorium/Shapiro ABCD  
*Dates: TBD*



### Class Calendars on the OLLI Website

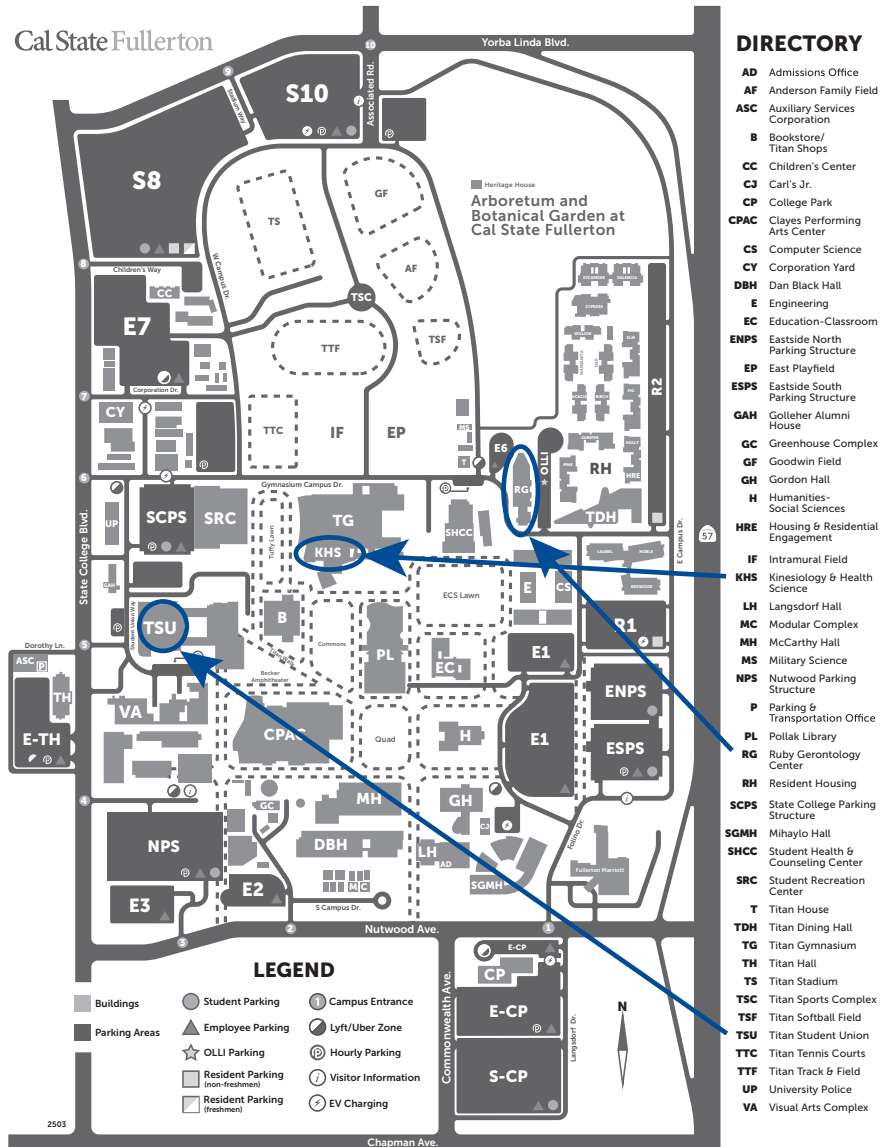
- Bookmark the OLLI website <http://olli.fullerton.edu> on your mobile device
- Populate your personal calendar with OLLI classes and events from the website
- Check what’s happening at OLLI on your mobile phone or tablet
- Changes in class and event times, dates and classrooms are updated on website calendars

# Ruby Gerontology Center



Pine and Juniper Rooms are located in the resident housing complex, just east of the OLLI parking lot (see next page for the Campus Map).

# Cal State Fullerton Campus Map



## Did You Know?

The Ruby Gerontology Center was named after Dr. Charles L. Ruby, one of CLE's (now OLLI) founders. In 1983 he recognized the need for our own building, pledging the initial \$100,000. His donations for building the RGC eventually totaled \$310,000.